HEALTH PROMOTION

Health promotion is another key role of the school's nursing team. Hazelbeck staff conduct lessons that promote healthy lifestyles as part of the curriculum, for example around healthy eating and exercise, and we support and participate in these when requested. We also facilitate Health Promotion sessions in school on a number of topics, for example on effective hand-washing ('infection control').

Occasionally we work with children individually or in small groups around particular needs, for example personal care/ hygiene, to promote children's independence and understanding of the importance of keeping clean and tidy. Children who are to be immunised may participate in a session about having injections in school, to help prepare them for their injections.