



City of
BRADFORD
METROPOLITAN DISTRICT COUNCIL

Preparing for Adulthood Prospectus 2022

**Information and Advice
for young people with
SEND in Bradford.**



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Introduction

Preparation for Adulthood is all about moving from childhood into adult life. We would like for young people in Bradford to be afforded the same opportunities as everyone else, with their hopes, wishes and dreams being heard.

This can mean finding education and employment, being part of the community, developing meaningful relationships, living independently and being as healthy as possible.

Ultimately to help you live the life you want.

Developed in conjunction with Bradford's Educational Psychology Team, the SEND Transformation and Compliance Team, The PfA Front Door Team and NHS health services.

With thanks to the Post-16 settings, staff and especially the students who participated in the development of this prospectus.

Preparing for Adulthood



Bradford is an inclusive city where all young people should be enabled to live a fulfilled life, receiving the support they need to work towards, and achieve, their wants, dreams and aspirations.

This prospectus provides information to help you to do this, in the four 'Preparing for Adulthood' categories— education and employment; friends, relationships and community; independent living and good health.



Education and Employment

Options and routes to paid employment



Friends, Relationships and Community

Feeling safe, confident and part of a community.



Good Health

Maintaining good physical and mental health



Independent Living

Housing, travel and managing finances

Education and Employment

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All young people must continue in education or employment until at least their 18th birthday. From Year 9 (or before) you will be considering what your options are after Year 11 (usually when you are 16). The pathway you choose should reflect your interests, goals and aspirations. This may be further academic study and/ or work experience, helping to prepare you for eventual paid employment.

The following section describes what is on offer for young people in a variety of settings in the Bradford area.

Transition from Secondary School

Year 9 onwards to post 16 education or training

Decision making about your future starts well before you actually make that transition from Year 11, to ensure that you are well prepared and equipped for making choices about what path you would like to take. Bradford is committed to young people having access to the right level of opportunities in order for them to succeed and meet their ambitions.

Every school and college should have an embedded programme of career education and guidance that is known and understood by students, parents, teachers, governors, employers and other agencies.

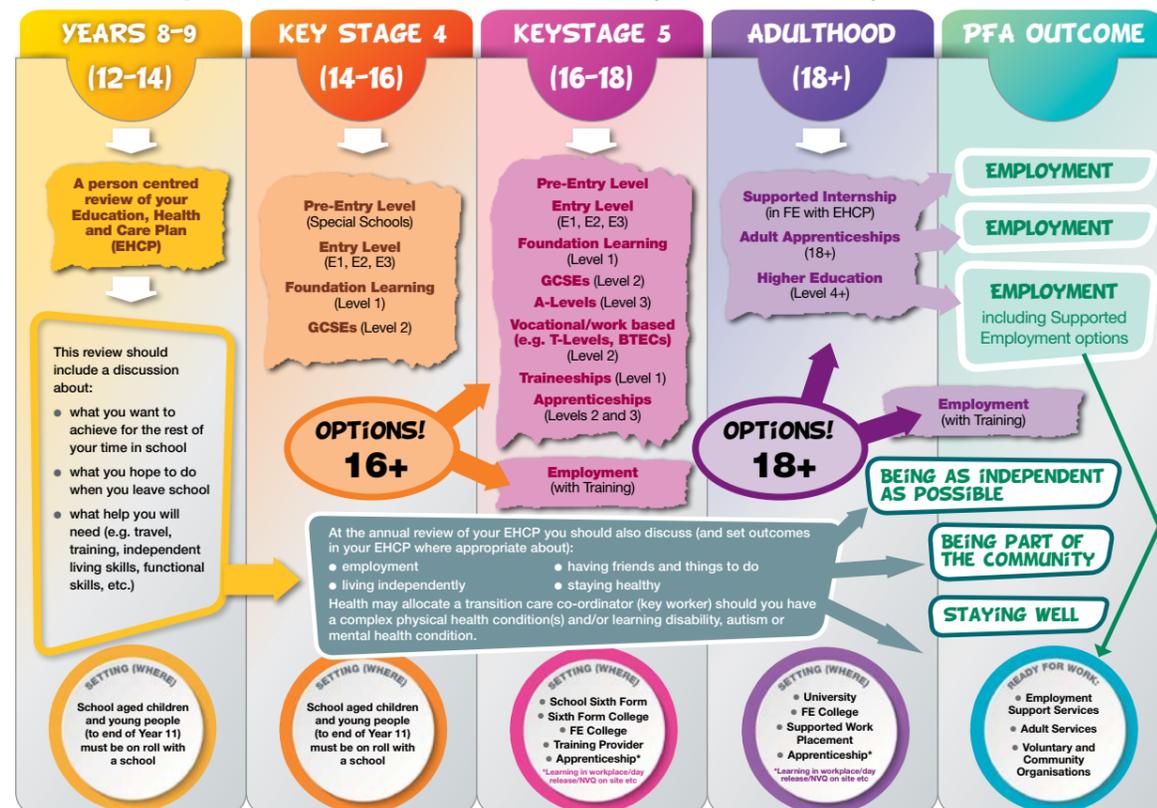
Every school and college should appoint a named person to the **Careers Leader** role: a dedicated professional, who is responsible and accountable for the delivery of the school or college careers programme. If you are not sure who this is in your school then you or your parents/ carers can ask the Headteacher to keep you informed.

"Young people entering Post-16 education and training should be accessing provision which supports them to build on their achievements at school and which helps them progress towards adulthood. Young people with EHC plans are likely to need more tailored Post-16 pathways..."

As children approach the transition point, **schools and colleges should help children and their families with more detailed planning.**"

SEND Code of Practice (2014).

Preparing for Adulthood Pathway (WITH AN EHC)



When?	What?
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Remember that you should be involved at each stage of planning for YOUR future!

Year 9 Your annual review in year 9 will include an element of Preparing for Adulthood; schools are requested to complete the 'Preparing for Adulthood Reviews – Year 9' as part of the annual review of the EHCP.

The focus:

- What do you want/ need to achieve for the rest of your time in school?
- What are your hopes for after Year 11?
- What help or advice might you need to make an informed decision about choices after school?
- Any other relevant information e.g. travel training, independent living skills, functional skills.

Year 10 Your annual review in year 10 will include an element of preparing for adulthood; schools are requested to complete the 'Preparing for Adulthood Reviews – Year 10' as part of the annual review of the EHCP.

The focus:

- Learning and Employment Related skills
- Interpersonal skills
- Independence, Life skills and Community Living skills
- Health and Psychological Well Being

In addition, future actions will be discussed, e.g. who to include at the in the year 11 review before you go on to a new setting and your preference (and your parents'/ carer's preference) of school/college from year 12

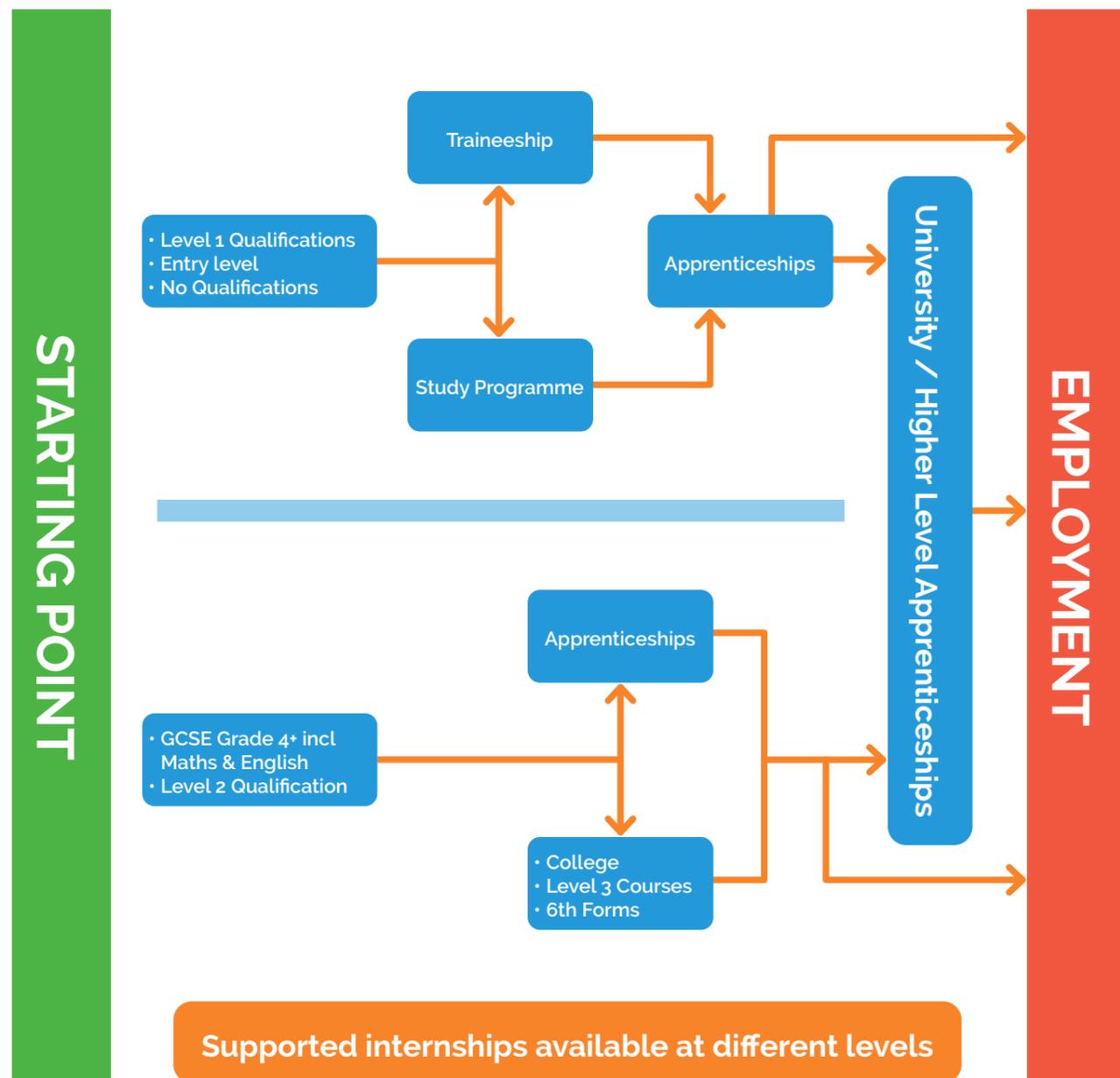
Year 11 The annual review in Year 11 should be held in the Autumn Term and the Preparing for Adulthood Conversion Annual Review paperwork should be completed. The College/ next setting should be invited and should attend the review to ensure the EHCP includes your needs, outcomes and provision after Year 11. If you are staying at your current school, the Preparing for Adulthood paperwork must still be completed.

You and your parents/ carers will receive a placement preference form from the SEN Team in October. The SEN Team will then consult the preferences with the Preparing for Adulthood EHCP or Conversion Annual review in order to name the post 16 setting by the **15th March**.

What Are my Options?

As well as school or college courses, there are now a range of options for young people when looking for employment, some of which follow an education pathway that will support you into work. These study programmes could be supported internships, traineeships, inclusive apprenticeships or simply work experience, but in each case they help people with different needs by giving them genuine experience in the workplace.

The pathway you take after Year 11 will depend on your personal starting point, which the diagram below illustrates. Later on in this section you can get an idea of what is offered at the various schools and colleges in Bradford.



Different Levels of Qualifications

The following table gives you an idea of the progression through different levels of qualifications, from 16-18 and beyond. Some people choose to continue or go back to studying/ training at any time during adulthood. It's likely that after Year 11 you will be considering Entry Levels to Level 3 qualifications, depending on your starting point.

Entry Levels

E

Available at three sub-levels - 1, 2 and 3. Entry level 3 is the most difficult

Examples:

- Certificate
- Award
- Functional Skills
- Essential Skills
- Skills for life

Level 1

1

- GCSE - grades 3, 2, 1
- Award
- Certificate
- Diploma
- Essential skills
- Functional skills
- National vocational qualification (NVQ)
- Music grades 1, 2 and 3

Level 2

2

- GCSE - grades 9, 8, 7, 6, 5, 4
- Intermediate apprenticeship
- Award
- Certificate
- Diploma
- Essential skills
- Functional skills
- National certificate
- National diploma
- NVQ
- Music grades 4 and 5

Level 3

3

- A level & AS level
- Access to higher education diploma
- Advanced apprenticeship
- Applied general
- National certificate
- National diploma
- NVQ
- Music grades 6, 7 and 8
- Tech level (T levels)

Level 4

4

- Certificate of higher education (CertHE)
- Higher apprenticeship
- Higher national certificate (HNC)
- Award
- Certificate
- Diploma
- NVQ

Level 5

5

- Diploma of higher education (DipHE)
- Foundation degree
- Higher national diploma (HND)
- Award
- Certificate
- Diploma
- NVQ

Level 6

6

- Degree apprenticeship
- Degree with or without honours - for example bachelor of the arts (BA) honours, bachelor of science (BSc)
- Graduate certificate
- Graduate diploma
- Award
- Certificate
- Diploma
- NVQ

Level 7

7

- Integrated master's degree, for example 'master of engineering' (MEng)
- Award
- Certificate
- Diploma
- NVQ
- Master's degree, for example master of arts (MA), master of science (MSc)
- Postgraduate certificate
- Postgraduate certificate in education (PGCE)
- Postgraduate diploma

Level 8

8

- Doctorate, for example doctor of philosophy (PhD or DPhil)
- Level 8 award
- Level 8 certificate
- Level 8 diploma

Different Pathways



Supported Internship

What?

Supported internships are for young people aged 16 to 24 with an EHC plan, statement of SEN, or Learning Difficulty Assessment who want to move into employment and need extra support to do so.

Find more information here: [Supported Internships](#)

Where/How?

[Project Search](#)
[Keighley College](#)
[Craven College](#)
[Mencap](#)
[ShIPLEY College](#)



Traineeship

What?

A traineeship is a skills development programme that includes a work placement. It can last from 6 weeks up to 1 year, though most traineeships last for less than 6 months.

Traineeships help 16 to 24 year olds - or 25 year olds with an education, health and care (EHC) plan - get ready for an apprenticeship or job if they don't have the appropriate skills or experience.

Find more information here: [Traineeships](#)

Where/How?

[Gov.uk/find-traineeship](#)
[Skills House](#)



Apprenticeship

What?

Apprenticeships allow those aged 16 and over to receive practical training by working in a real job at the same time as studying. As an apprentice you will:

- work alongside experienced staff
- gain the skills necessary for work
- study for a particular qualification
- earn a wage

Usually apprenticeships involve working four days a week and spending one day a week studying.

Find more information here: [Apprenticeship](#)

Where/How?

[Bradford Council Apprenticeships](#)
[Evenbreak](#)



Work Experience

What?

Work experience is an opportunity for young people to be introduced to the world of work, and layer up the skills needed to help them get a job in the future. This may be one or two short periods of work experience to broaden their understanding of the world of work, and to inform future study options; longer-term, i.e. one or two days a week over an extended period, with a clear development plan in place to layer up the skills needed to do the job; or part of a structured study programme, where the student is based primarily with an external employer for extended work placement, i.e. a supported internship.

Find more information here: [Work Experience](#)

Where/How?

[Experience](#)
[Evenbreak](#)

Where can I go?

Directory of providers

Glossary of all the Post-16 providers in Bradford

Name	Type of setting
Al Mumin Primary and Secondary School	Independent School
Aspire-Igen	Social Enterprise
Beckfoot Oakbank	Academy
Beckfoot School	Academy
Beckfoot Thornton	Academy
Beechcliffe School	Specialist Provision
Belle Vue Girls Academy	Academy
Bingley Grammar School	Maintained School
Bradford Academy	Academy
Bradford College	College
Bradford Grammar School	Independent School
Bradford Youth Development Project	Charity
Broadbeck Learning Centre	Specialist Provision
Buttershaw Business and Enterprise	Academy
Carlton Bolling College	Maintained School
Co-op Academy Southfield	Specialist Provision
Craven College	College
Darul Uloom Dawatul Imaan	Independent School
Dixons Allerton Academy	Academy
Dixons City Academy	Academy
Dixons Cottingley Academy	Academy
Dixons Free Sixth Form	College
Dixons McMillan Academy	Academy
Dixons Trinity Academy	Academy
Eden Boys Leadership Academy	Academy

Name	Type of setting
Eternal Light	Independent School
Feversham Academy	Academy
Forster Community College	College
Grange Technology College	Academy
Hanson School	Maintained School
Hazelbeck School	Specialist Provision
High Park School	Specialist Provision
Holy Family Catholic School	Maintained School
Ilkley Grammar School	Academy
Immanuel College	Academy
J.A.M.E.S	Independent Specialist Provision
Jaamiatul Imaam Muhammad Zakaria	Independent School
Keighley College	College
Laisterdyke Leadership Academy	Academy
New College Bradford	College
Oasis Academy Lister Park	Academy
Oastlers School	Specialist Provision
One in a Million Free School	Academy
Parkside School	Maintained School
Pinc College	Art College
Prism Independent School	Independent Specialist Provision
School of Rock and Media (SORM)	
Shingley College	College
St Bede's and St Joseph Catholic College	Maintained School
Titus Salt School	Maintained School
Tong Leadership Academy	Academy

Bradford College

Committed staff at Bradford College can work with you to put together a bespoke plan to support you through your college journey. Students with an EHCP are fully involved in the Annual Review process, so that you can identify goals and the support you will need to work towards these, whatever your chosen pathway.

The college offers courses from Entry Level through to A Levels and beyond. The 'Progression to Learning and Work' programmes include a wide range of vocational courses suitable for 16-18 year olds who have a learning disability, no formal qualifications or limited GCSEs. 'Skills for Independent Living' courses provide students with the skills required to lead independent, fulfilling lives. Supported internships give students the confidence to enter the world of work.

For a full list of courses on offer, visit the Bradford College Website.

The college can offer support to students with additional needs, including:

- Autistic spectrum conditions
- Dyslexia and other specific learning difficulties
- Learning difficulties
- Social and Emotional needs
- Hearing Impairment
- Medical conditions
- Physical disabilities
- Visual impairments

Provision/ strategies to support may include:

- Assistive technologies
- Alternative exam arrangements
- Enhanced adult support in lessons
- Access to the sensory room

Plus, a dedicated review room, for all students with an EHCP to ensure you are included in the process.



I literally believe in myself...be myself, just go out there and chase my dreams.

Mohammed, Bradford College

Meet the SEND and ALS team – find out about how Bradford College can support your additional learning needs, whether you have an EHCP or not.

[SEND and ALS Support](#)



DFN Project Search at Bradford College



Project SEARCH is a transition to work programme for young adults, aged 18—24, with an EHCP. Participants are supported to gain meaningful work experience in a real life setting.

Work placement opportunities are currently provided by Bradford Royal Infirmary, Bradford District Care Trust and Bradford College, with roles including hospitality, catering and administration.

The ultimate goal of Project Search is to support each intern to find full time employment.

- Current statistics show that only 6% of young people with a learning disability are in paid employment.
- Over 70% of the young people who have previously completed the Project SEARCH programme went on to find paid work.

For more information about Project SEARCH at Bradford College, and how to apply, visit the College website:

www.dfnprojectsearch.org



"Currently I'm on work rotation at BRI, where I'm doing pharmacy admin, which is doing invoices, putting them in the right piles and scanning documents. I help by picking medication up, packing them and putting them on the right levels.

By the end of the year if we don't get a job there's a job coach and she helps us apply for jobs which are to our own skill set."

Amal, Bradford College

I enjoy working at Project SEARCH because I have made new friends and learn how people socialise. The staff are supportive because they show me how things work. I love it here.

Joseph, Bradford College



Find out about the experiences of other young people on Project SEARCH here - www.youtube.com/watch?v=gT4IWsfNOMc



Keighley College

We are proud of our friendly and welcoming college and have been recently graded 'good' by Ofsted.

We aim to create an inclusive learning environment that respects and celebrates differences and individuality. Preparing for adulthood is at the core of our offer and we have high aspirations for all our students.

Everyone's really nice and friendly and we all stand out as a team. It's a nice community really. I've got all my friends that are here to support me, and staff.

Thomas



[I'm doing] brickwork. You learn how to lay bricks, how to make walls. You know, things that you'll do in a job and learn how to actually properly brick lay. When I finish here I want to do an apprenticeship and go on to work for somebody hopefully and then you never know, maybe run my own business one day.

Jason



I'm doing the supported internship course which helps equip young people with working skills that we need in order to get a job. I'm doing administration at Airedale hospital.

Rebecca



I'm currently doing a Level 3 games design course. I previously last year did a Level 2 Games Design Course. In Level 3 it's all about 3D game development. Once I finish college I'm looking at university doing a level design course. Eventually I intend to develop my own game.

Jack

I get lots of help, I love the staff and the students. I love coming in and... it feels safe in college, instead of, you know, feeling a little bit worried. I feel like I know the people in college.

Ruthie



I'm doing carpentry and joinery and I do get a little bit of support for maths and English. [I enjoy] building stuff out of wood. [After college I'd like] to get a full time job.

Callum

The college offers a wide range of vocational and academic courses from entry to level 3 so there is something for everyone. If work is your aim, and dependent on your support needs, we have a successful Supported Internship Programme and a wealth of apprenticeship opportunities across many local employers.

Support will be assessed on an individual basis and will vary depending on your assessed needs and Education, health and care plan (EHCP) if you have one.

Please see our website for a full list of our courses:

[Keighley College Website](#)

Shipley College



The college is rated 'good' by OFSTED, who praised our excellent student behaviour, friendly atmosphere and culture of high aspirations for all.

Shipley College is a small and friendly college based in the village of Saltaire, offering full time courses and apprenticeships for young people moving on from school.

Studying here means you will be part of a diverse and inclusive community. We pride ourselves on giving every young person the right individual support to allow them to access their chosen course and prepare for adulthood and life beyond college.

A Range of Courses and Pathways to Suit All

We have courses available from Entry Level through to Level 3 and provide support in a variety of ways. We work with you to ensure you are as independent as possible.

A Rich and Broad Experience

College is not just about being in the classroom. We are extremely proud of the extra curricula activities and opportunities we provide.



At college we have a lot of fun and a lot of humour and I'm involved in that. I do drama which is really funny!

I've done some sports, I'm really good at Botcha which is a sort of bowling and my IT skills are improving. I feel good, I feel like I'm improving all the time. I feel proud and confident.

Aman



I am studying Vocation for Choice. We do mainly maths and English and other fun things. In the future I would like to do ICT and build PCs for others.

Ben



I study Health and Social Care Level 2. I learn how to give care to people and how to help people. [In the future] I would like to work in care with 9 to 14 year olds. [Through work experience at Mencap] I can gain more confidence and get ready for the future.

Amin



Students doing the Duke of Edinburgh Award, May 2022



The course I'm doing at college is a Level 3 BTEC in Games Design. The plan for next year is hopefully to go to the University of Huddersfield to do a course in Games Art. Currently I'm interested in the route of a concept artist.

It's a great place to study. All the staff have been kind, polite and helpful.

Max



Additional Learning Support

The college has a dedicated team who support learners with additional needs, to ensure that barriers to learning are removed. Through a person-centred approach, the team work to put provision in place for students with EHCPs and facilitate the sharing of relevant information with all staff.

Every full-time student at the college has a Learning Coach. Learning Coaches aim to ensure that students are progressing well through their courses. They are the first port of call should students encounter any difficulties. They get to know students individually and are familiar faces around college.

For more information, visit the college website : www.shipley.ac.uk

Hazelbeck School



Meet Two Students from Hazelbeck Sixth Form

Our School

Hazelbeck is an outstanding secondary special school for students with a range of learning difficulties. We are part of the Beckfoot Trust and share a campus with Beckfoot School in Bingley. Hazelbeck was judged by Ofsted as Outstanding in all categories in March 2019. All the students who attend Hazelbeck have an EHCP.

Our Curriculum

We support our students to gain the knowledge and skills needed to be independent, safe and resilient in their future life. We want every young person to grow in self-belief and confidence so that they become:

Careers Leader

Our Careers Leader:

- supports our students and families in understanding what pathways and provision are available post 19
- supports delivery of our work experience programme
- helps our young people and their families to plan for transition

Accreditation

We expect ALL learners to leave with a range of accreditation that is appropriate to them and will support them in their future destinations. This may include Entry level English and Maths, AQA Unit Awards, and work based Diplomas.

Work Experience

We continue to develop strong relationships with local businesses and careers services

Our Community

Our students travel to school from their homes in Bradford, Shipley, Bingley, Cottingley, Keighley and beyond. They bring to our school a rich cultural heritage which is both celebrated and valued.



Connor wants to go to college after Hazelbeck and the curriculum he follows will help him achieve this. He accesses a broad range of meaningful and relevant subjects, with a focus on life skills and applying his knowledge in a functional way.

For accreditation, Connor is doing some Entry level subjects, along with other AQA Unit Awards.

Connor has personal goals (known as 'Intentions') to work towards and these closely match his EHCP outcomes.

In Connor's words:

"I like going out and visiting different places. I enjoyed doing work experience at Bingley Arts Centre. If I need help, I ask staff; they help me by asking questions or reading through things with me."

Bethany follows a curriculum that supports her needs and gives her lots of opportunity for sensory exploration; this includes access to the hydrotherapy pool, rebound room and therapy room. She works towards her personal goals (Intentions) during meaningful activities, which include developing life skills.

Bethany is hoping to access provision in the community after Hazelbeck and she has a range of staff supporting her in deciding what this will be.

Bethany's staff say:

"Bethany is a social butterfly and is at her happiest in a busy environment surrounded by her friends."



Ofsted Report: April 2019:

"The school's motto of 'enjoy, learn, succeed' is evidenced by pupils' positive attitudes in lessons and their strong behavior ... Pupils are helped to prepare for leaving school, and they learn vocational skills through a well -designed curriculum and carefully chosen work-related activities.



Beechcliffe School



Safe Joyful Learning

Beechcliffe School is a co-educational, generic special school catering for pupils aged 11 to 19 years who have a wide range of Special Educational Needs.

Post 16 students study within a range of courses to secure qualifications and awards matched to their capabilities. The Post 16 programme of study is linked to Preparation for Adulthood with an emphasis on preparing our young adults for all aspects of their lives once they move on from our provision.

All pupils leave Beechcliffe with qualifications matched to their ability level. Pupils gain qualifications from Functional Skills in English, mathematics and ICT at Entry Level and Levels 1 & 2. Other students gain Life & Living Skills qualifications and Unit Awards. Other areas of the curriculum are accredited through ASDAN and other recognised awarding bodies such as Entry level and Levels 1 & 2 in Personal and Social Development, Towards Independence Modules and Sports Leaders Award.

Vocational learning, college taster courses and community based learning prepare our students for life after school and give them the first-hand knowledge to make informed choices about their future pathways.

Our students progress on to a range of FE colleges depending on their learning needs and study preferences. Also social care and other adult services providers, residential colleges and for some volunteering and employment.

Careers

Beechcliffe School works closely with MENCAP to prepare our students for life after school. We visit local community based businesses, attend work experience days; work on application forms and CVs and look at expectations in the workplace.

Alongside discrete careers based lessons throughout our curriculum focusing on skills, attributes and looking at the world of work.

Business and Enterprise

Post 16 runs its own successful Business and Enterprise venture. Pupils take part in numerous activities, including:

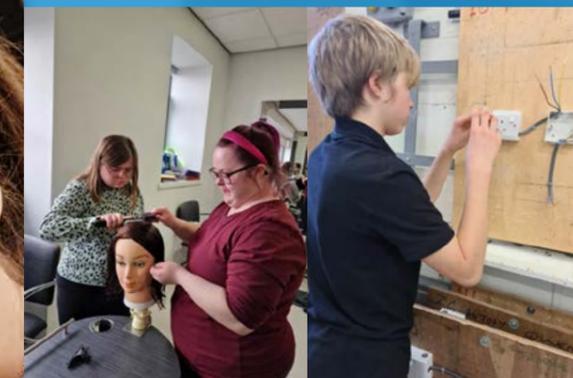
- Preparing staff lunches, taking orders and managing payment.
- Take-away service; preparing food orders, taking orders from staff and managing payment.
- Staff Car Wash service.
- Organising and running cafés for school events.
- Managing stalls at summer and winter fairs.
- Personalised cup-making service.



Work Experience

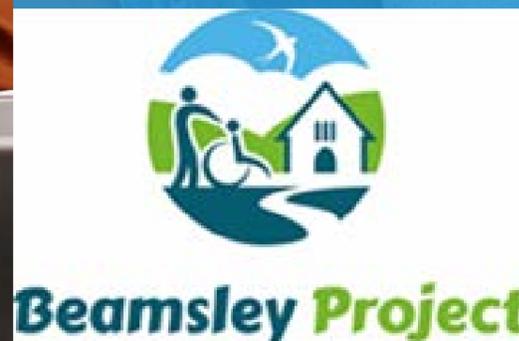
Pupils access a range of work experience settings including:

- Cottingley Community Café
- St Marks mums and tots' group
- Working in Keighley shared Church offices
- Keighley College; accessing a carousel of work-based modules
- Cliffe Castle Gardens
- East Riddlesden Hall



Residentials

We offer a fully accessible residential where our students experience time away from home, an opportunity to develop their self-help skills, explore our local community and further afield in the beautiful Yorkshire Dales.



The School of Rock and Media



Our Mission:

"To enrich communities and develop individuals and groups through music, artistic production and positive activities."

The School of Rock and Media (SORM) is an inclusive learning environment, in association with Youthtrain, which offers educational pathways and experiences for children and young people age 5–25 with a range of needs and abilities.

SORM was established in 2012 with the key aims of using music as a medium to engage young people. With fully equipped rehearsal rooms, recording suites, music studios and chill out areas, SORM provides a unique learning centre for young people, who are able to gain and develop skills in the creation of music, including playing instruments, sound mixing, sound production and appreciation of a wide range of music genres.

Alongside music skills, young people also learn valuable life skills such as team work, communication, problem solving, creativity, planning, self esteem, peer mentoring, citizenship skills and functional skills.



SORM offer three nationally recognised Qualification Suites:

Skills for Further Learning and Employment

Entry Level Award / Certificate / Diploma
Level 1 Award / Certificate / Diploma

Progression

Entry Level Award / Certificate / Diploma
Level 1 Award / Certificate / Diploma
Level 2 Award / Certificate / Diploma

Work Preparation

Entry Level Certificate
Level 1 Award / Certificate



Into Employment Programme

Whilst at SORM, young people can access this 12 month course in which young adults with disabilities are supported to access education, improve life skills and get ready for employment. Work placements are arranged within Bradford Council or partner organisations, taking into consideration the young person's goals and aspirations.

All students will have support from a dedicated staff member at Bradford Council as well as SORM throughout their placement.

Young people will receive a bursary every 4 weeks whilst on the course.

For more information contact: John Bolton / Tony Saunders

Tel: 01274 736696

Email: sormstudios@virginmedia.com

SORM Learning Hub - sormlearninghub.com

Pinc College



The Specialist College for creative education in Yorkshire, North West and Midlands focusing on creative study pathways for 16-25 year olds.

Our Creative Learning Studios operate from within and in partnership with Arts and Heritage organisations, for an alternative approach, with enhanced careers and progression opportunities.

We support additional high needs routes to wellbeing, attainment, sustained engagement and employment.



Being a student at Pinc College has made me think more about the future, careers and also open up to the idea of voluntary work and apprenticeships



Pinc College has inspired me to take my art further and post it online. My goal is to eventually start selling them

Study Programmes and Curriculum Content

Our Framework for purposeful learning:

- Our curriculum focuses on Art Design and Craft attainment and qualifications, with English and Maths where applicable
- Functional skills such as English, Maths, Communication and ICT are embedded throughout each individual study program. Where students aged 16-18, and 19-25 with an EHC Plan, have not attained the required grades in English and Maths, our study programmes will comply with the ESFA condition of funding regulations.
- Engage is our full time creative learning framework, giving access to level 2 and 3 qualifications, over 1 or 2 years, with work experience in the cultural and creative sectors
- Link programmes and pre enrolment available to support transition



What we do differently at Pinc College

- Specialise in supporting Neurodiverse young people
- Offer a purposeful pathway to carers in the cultural and creative sectors
- Offer a Creative Study Programme
- Based in Museums and Art Galleries
- Provide a supported autism pathway
- Small learning groups (No more than 7)
- Tailor our programmes to your aspirations
- Embedded & 1:1 support where required with our EHCP coordinator, Speech & Communication and Mental Health practitioners
- Dedicated team of qualified and experienced education professionals
- Work with an ethos of being Respectful, Responsible, Safe & Kind

For more information about our study programmes and enrolment, contact us:

Email : connect@pinccollege.co.uk

Tel : 0161 667 0910

Web : www.pinccollege.co.uk

Connect with on us social media - Twitter, Instagram and Facebook @pinccollege

My Rights with regard to my EHCP

The Children and Families Act (2014) states that as young people develop, and increasingly form their own views, they should be involved more and more closely in decisions about their own future. Parents, or other family members, can continue to support you in making decisions, or can act on your behalf, provided that you are happy for them to do so.



Children and Families Act 2014



Local authorities, schools, colleges, health services and other agencies should continue to involve parents in discussions about the young person's future. You should be supported to communicate your needs and aspirations and to make decisions which are most likely to lead to good outcomes. Usually your family will be involved in discussions regarding your EHCP, but the final decision rests with you!

Support Services to Help You to Make the Right Decisions for You

Skills House

Skills House has specially trained advisers who can support you to make the right decisions for your future, to put a plan into place and to find the right employment and training opportunities for you.

They can offer support for young people aged between 13 and 19 (or up to 25 if you have a learning difficulty or disability).

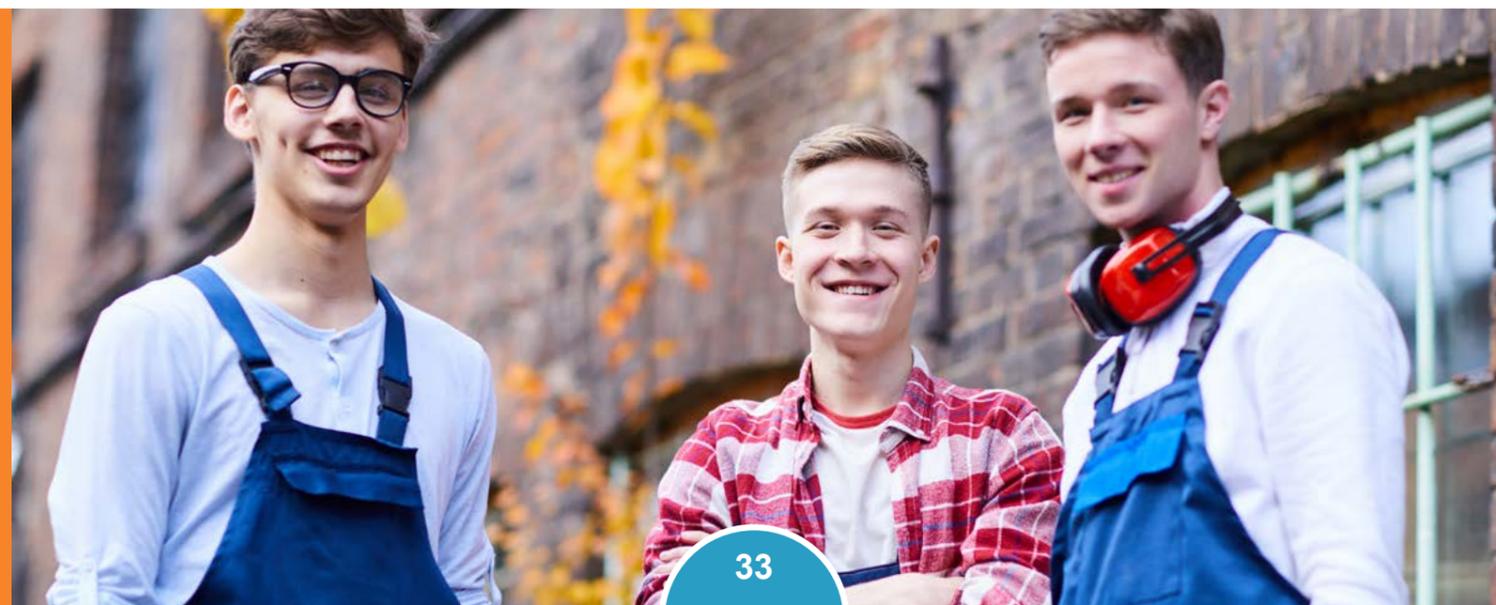
Advisers can:

- Help you decide what options to take for GCSEs
- Help you think about what to do after GCSEs
- Give you advice on careers and pathways
- Prepare you for writing CVs, applications, personal statements etc, and support you once you reach this stage.
- Give interview tips
- Signpost you to more information on jobs and careers
- Help you to find the right training courses
- Help you to look for suitable work or an apprenticeship
- Give advice on benefits, housing etc.
- Help you to look for suitable work or an apprenticeship
- Support you in applying, writing a CV or application
- Give advice on benefits, housing etc.
- Direct you to other agencies who can help with specific issues, such as health, money etc.

Skills House advisers are based in most schools and colleges in the district. You can ask your form tutor or at the LRC/library for their details, or contact them on 01274 437373 or email skillshouse@bradford.gov.uk, even if you are not currently attending a setting.

The specific decision-making rights about EHC plans which apply to young people directly from the end of compulsory school age are:

- The right to request an assessment for an EHC plan (which they can do at any time up to their 25th birthday)
- The right to make representations about the content of their EHC plan the right to request that a particular institution is named in their EHC plan.
- The right to request a Personal Budget for elements of an EHC plan
- The right to appeal to the First-Tier Tribunal (SEN and Disability) about decisions concerning their EHC plan





Friends, Relationships and Community

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As you get to 16 and beyond and look to move on to the next stage of your educational pathway, you may also start to think about meeting new people and getting more involved in your community.

This might involve things like volunteering, joining clubs and even helping with making decisions about what happens in your local area.

There are many opportunities across Bradford for you to get involved in depending on what takes your interest!

Services and Support

Short Breaks are opportunities for young people to get involved in fun and enjoyable activities and to form friendships. The Specialist Inclusion Project researches, identifies, runs and monitors Short Breaks services for young people with disabilities aged 8 to 18 years throughout the Bradford District. These include after school, evening, weekend and half-term Short Breaks. The team offer their own Short Breaks services including popular after school clubs based on dance and drama, supported swimming sessions and the Pineapples Summer Camp offering a 4 night residential during the Summer Holidays.



Am I eligible?

Short breaks fall under different types of services:

Tier 1: For young people who are on their school's SEN support register and/or with no diagnosed disability. [Disability Living Allowance \(DLA\)](#) and [Personal Independence Payments](#) can be used to assist with accessing Tier 1 services.

Tier 2: For young people aged 8-18 with a diagnosed disability who's needs cannot be met via a Tier 1 service. Young people accessing support at this level also will not currently have a social worker involved; are not currently accessing any other after school/evening club or group (unless wanting to change their current one); and are not in receipt of any Direct Payment or Personalised/Individual budget (unless they are wanting to change this.)

Where can I find more information?

<https://localoffer.bradford.gov.uk/service/1443-short-breaks--information-criteria--application>
<https://www.bradford.gov.uk/children-young-people-and-families/does-your-child-have-special-educational-needs-or-disabilities/specialist-inclusion-project/>



Disability Action are a charity and social enterprise, providing services that create opportunities for disabled people to live the lifestyle of their choosing. They provide a range of education and practical opportunities from pre-entry levels up to level 2.

Where can I find more information?

<https://localoffer.bradford.gov.uk/service/1517-disability-action-yorkshire-education-and-training-centre>

S.N.O.O.P

Special Needs Objective Outreach Project

SNOOP (Special Needs Objective Outreach Project) is a registered charity based in Eccleshill and welcomes families from across the Bradford Metropolitan District. SNOOP provides a wide range of services to support children and young adults with additional needs and learning disabilities or autism aged 2-25 years + and gives support and information to their parent/carers. Our facilities are fully accessible and include indoor and outdoor areas and separate sensory room and spaces.

Am I eligible?

SNOOP provides a wide range of services for children and young adults of all abilities between the ages of 2-25+ years, including after-school sessions and holiday play schemes; Day time activities for young adults with learning disabilities (16-25+ yrs); ASDAN Accredited Awards for life and independence skills; Youth Clubs – The 'Chillin Zone' (12-25 years) and Junior Youth Club (7-11 years) for young people with additional needs. Support with Preparing for Adulthood.

Where can I find more information?

Contact SNOOP on 01274 292126 or via email carol.beardmore@snoopcharity.org or <https://localoffer.bradford.gov.uk/service/635-special-needs-objective-outreach-project-snoop>

The Arts and Media



Mind the Gap is one of Europe's leading learning disability theatre companies that creates work for UK and international audiences.

Am I eligible?

The Academy is open to people with learning disabilities over the age of 18.

Where can I find more information?

<https://localoffer.bradford.gov.uk/service/675-mind-the-gap-theatre-company>



The Cinema Exhibitors Association Card is part of a national card scheme accepted by UK participating cinemas. The card allows you to obtain one free ticket for any person with additional needs to the cinema.

Where can I find more information?

<https://localoffer.bradford.gov.uk/service/637-the-cinema-exhibitors-association-card>



Purple Patch Arts supports people with learning disabilities and autistic people to engage with new experiences, including creative methods such as art, drama, music, movement and multi-sensory activity.

Where can I find more information?

Phone: 077250 41801
<https://purplepatcharts.org/>



Gig Buddies is a project that matches people with a learning disability with a volunteer who has similar interests to go to nightlife activities together.

The aim of the project is to support people with a learning disability to make new friends and help them go out and do the things they enjoy.

Where can I find more information?

Phone: 07970 962652
<https://localoffer.bradford.gov.uk/service/1511-gig-buddies-mencap>



IMAS emphasises regular, frequent and sustainable activities, self-determination, club membership and opportunities for social interaction for everyone.

Am I eligible?

Participants from a wide range of background and abilities share experiences and learning through interactive and accessible training resources. This creates sporting environments that are safe, welcoming and non-judgmental.

Where can I find more information?

Email: contact@mixedabilitysports.org
<https://www.mixedabilitysports.org>
<https://www.youtube.com/watch?v=MKFwP-lgXko>



Sport Works provide multi-sports sessions and activities for children and young people with additional needs.

Am I eligible?

Sport Works is open to young people aged 8-19 years with additional needs and/or disabilities.

Where can I find more information?

<https://localoffer.bradford.gov.uk/service/666-sport-works-yorkshire>

Sport



BRADFORD DISABILITY FOOTBALL CLUB

Bradford Disability Football Club (Registered Charity Number 1158017) provides weekly training sessions, league games, tournaments plus social events and activities

Am I Eligible?

New members are welcome, all abilities from age 6 and over.

Where can I find more information?

Come along to a session or contact the club for more details.
<https://bradforddfc.co.uk>



Bradford Disability Sport and Leisure is a charity offering a variety of sports clubs and activities especially for people with a disability across the district, activities available include swimming, basketball, cricket, karate, athletics, cycling and more.

Am I eligible?

Bradford Disability Sport and Leisure provides groups for children and young people of all ages with disabilities.

Where can I find more information?

<https://localoffer.bradford.gov.uk/service/634-bradford-disability-sport-and-leisure>

Community Groups

Active Courses	Day & evening college classes based at Bradford College offering courses including drama, cooking, relationships, Keep Fit and pottery. Contact: Duncan Burnett, 01274088402 or 07481591559
Aware	A parent-run group supporting families with children and young adults on the autistic spectrum (formal diagnosis not required) covering the Airedale, Wharfedale, Bradford and Craven areas and beyond. Web: www.aware-uk.org
Big Soup Theatre Group	A friendly, people centred day service providing real choice and independent thinking by offering a range activities in a choice of state of the art facilities in Keighley. Contact: 01535 680155
Creative Courtyard	Art classes for students of all ages and of differing educational needs and backgrounds. The classes focus on encouraging a free exploration of the creative process in a friendly, encouraging and inclusive space. Email: artschoolilkley@gmail.com Web: www.cargocollective.com/artschoolilkley
The Join Club	Independent charity providing recreational and self help activities for adults with learning disabilities, who live in the Keighley area. Web: www.joinproject.org.uk
Keighley Supported Volunteers	Supporting adults with a learning disability to volunteer in their local community. Web: www.keighleyvc.co.uk/supportedvolunteering
Khidmat Centre	Social Day care for members of the South Asian community. Contact: 01274 521792
The Link Club (Mencap)	A social club for adults with learning disabilities and their families in and around Bingley, Shipley and Bradford. A safe, friendly environment offering a range of activities including music, art and dancing. Alternate Wednesdays from 6.30 - 8.30pm at Northcliffe Church in Shipley. Web: www.mencap.org.uk
LUVE2MEETU (HFT)	A friendship and dating agency for people with a learning disability aged 18 and over. We support people to make friends, share interests and develop relationships. Email: luv2meetu@hft.org.uk
NEET	Real work opportunities in a real work setting for people with learning disabilities. NEET run a garden nursery business and grow and sell plants and products to members of the public and other outlets. Contact Suzanne: 07922 580664 Email: neetoffice@gmail.com

Phab Club	Social Club for disabled and non-disabled children, young people and adults organising social events and activities. Web: www.bradfordphab.org.uk
Outside the Box Community Café	A community café in Ilkley, supporting adults with learning disabilities. Web: www.outsidetheboxcafe.com
People First	A self-advocacy group, run by and for people with learning disabilities, offering individual advice and support to young people as well as advice and support to organisations about the needs and rights of disabled young people. Web: www.bradfordpeoplefirst.org.uk
Positive Futures	Open group, specialist provision and targeted one-to-one support for young people. Tel: 01274 431158
PRISM Youth Project	Helping young people age 12-21 to improve the quality of their lives. Offering alternative education and accredited youth work initiatives to those young people who struggle to achieve in more conventional settings. Web: www.prismyouthproject.org
Sangat Community Centre	Working with young people aged 6-18 from the Keighley Central Ward, aiming to develop skills and confidence through projects which incorporate academic development, fitness, healthy eating and living, outdoor pursuits and team building activities. Saturday 10.30- 1.30, plus holiday schemes. Contact: 01535 610263 / 01535 691413 Web: info@sangatcentre.co.uk
Shaping Spaces	A group that meet and enjoy the great outdoor space in and around Bradford. A free service for young adults aged 16-25. Contact: Rachel Deadman Email: rachel.deadman@bradfordymca.org.uk Tel: 01274 371304
SORM Disco	Disco where people with learning disabilities can come and have a dance, have a beer and meet new friends. The first Saturday of every month, 3pm to 8pm. £5 entry fee. Email: michelle.saunders6@virginmedia.com
Star Inclusion Group	A social group for young people with additional needs aged between 11-25 years old, Thursday from 6.30-8.30 at Culture Fusion on Thornton road. Activities include sports, music, arts crafts, information sessions (personal hygiene, anti social behaviour, road safety, staying safe), trips out and inclusion cycling sessions. Contact: Peter Lawrence 07866 127283
Wrose Adventurers	An association set up for young people aged between 11 and 25, with Asperger's syndrome or high functioning autism in Wrose, Shipley. Web: www.autism.org.uk/directory/w/wrose-adventurers

Our Experiences in the Community



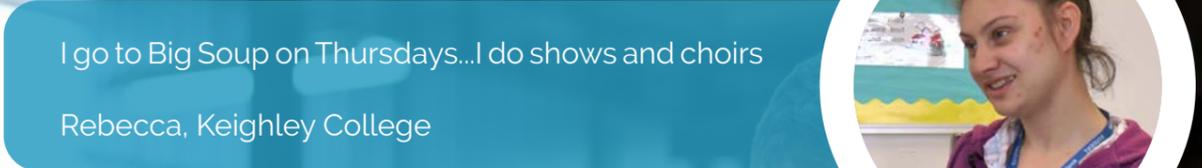
I did volunteering in a shop in Airedale before I moved to Acorn (Stairlifts). I liked packing stuff out of the boxes and putting them on the shelf

Jamie, Keighley College



I've had work experiences at Riddlesdon Hall where I was a Tea Room Assistant and I was helping out with taking orders, washing up and just generally helping out

Sophie, Keighley College



I go to Big Soup on Thursdays...I do shows and choirs

Rebecca, Keighley College



On the weekends, I learn to drive and practice my theory, and I catch up with my sports and soaps.

Aqeel, Bradford College



I work for an autism charity called AWARE and I do a lot for them in different ways (paid and volunteer work). That's how I give back to the community.

Jason, Keighley College



I'm currently working at Sue Ryder and basically, what this is, is hanging up clothes, putting tags on clothes. (This has) helped me to gain new skills.

Jordan, Keighley College



I went to Uganda to help children, so I have experience of helping people. I did it through church. I work in a charity shop on Saturdays, I worked in a coffee shop, All sorts of things.

Harrison, Bradford College



I worked as a valet and a gardener for a dealership in Leeds and I currently work as a pot washer in a local pub. (I've developed) communication skills.

Jack, Keighley College

Work Experience and Volunteering

There are a number of national organisations and services which can help you to find opportunities to gain work experience and to volunteer in your local community.

Please have a look at Bradford's Local Offer to see what is available:

<https://localoffer.bradford.gov.uk/services/preparing-for-adulthood-employment--training/work-experience-and-volunteering>

Community Aids and Equipment

If you need physical assistance to help you to get involved with your local community, there are a number of services which may be able to support you:

<https://localoffer.bradford.gov.uk/services/preparing-for-adulthood-employment--training/community-aids-and-equipment?id=1>

Friends and Relationships

Your Rights

Everyone has the right to respect for their private and family life, their home and their correspondence (Human Rights Act, Article 8).

This means that your right to have relationships is supported by law and policy. There are a number of national organisations which provide advice around friendships, relationships, sexuality and identity for both young people and those supporting you.



Time to Talk Next Steps is a project run by the National Development Team for Inclusion. It is for young people (aged 16-25 years old) with additional needs who live in England and who would benefit from time to talk with someone from outside their family or with other young people to help build confidence and feel connected.

How can I access this?

This is free to access and will run until 2024. More information can be found here:

Web: localoffer.bradford.gov.uk/service/1532-time-to-talk--free-support-for-1625-year-olds-with-send-20212024



Magpies support and encourage adults with learning disabilities to lead fulfilling lives. They offer a fun and friendly learning environment, offering a wide variety of activities and opportunities including sports, arts, music, media, dance and much more.

How can I access this?

Call 01422 383550 to register your place.

Web: localoffer.bradford.gov.uk/service/1203-magpies



I like socialising with other people by calling them or texting them online. [College helped me to] know other people and be more independent.

Tasnim, Bradford College



I like being with my peers and support from my job coaches

Grace, Keighley College



From 2020, I was so nervous (when) people were talking to me. I was so shy, I wouldn't speak. This year, no one can shut me up now!

Amal, Bradford College



I've got lots of friends and it's really fun...my friends are not just deaf people, my friends are hearing people as well.

Aman, Shipley College

Decision Making

It is important that your views and experiences are taken into account when services and policy makers are making decisions which affect you.



Mencap have a number of campaigns which young people with learning disabilities can get involved in.
Website: <https://www.mencap.org.uk/get-involved/campaigning>



The Learning Disability and Autism Forum is a network of people with a learning disability, autism or both, their family carers and supporting organisations, who want to have a say in the work of NHS England and NHS Improvement.
Website: <https://www.england.nhs.uk/learning-disabilities/about/get-involved/forum/>

You Could Also be Involved in Decision-Making Within College...



I'm part of the student council. We talk about if we want to change anything about College. I feel it's a really important job.

Akhbar, Keighley College

I'm part of the Student Union. We talk about lots of different things...budgeting, how we can make friends, things like that. We also got leadership training.

Thomas, Keighley College



At the start of the year, we were doing travel training... How to get to places and what stops and what routes to take.

Aqeel, Bradford College

Transport and Mobility

To make sure that you are able to access events in the community and travel to your place of education and/or employment, there are a range of services in Bradford which can help you with travel and mobility. The types of resources available include travel training, discounts on rail cards and transport, use of a blue badge, support with using a wheelchair, access to equipment and many more.

Where can I find out more information?
The different types of services available can be found on the 'Getting Around' page of Bradford's Local Offer website: <https://localoffer.bradford.gov.uk/services/getting-around?id=1>

What if I want to learn to drive?
The Disability Driving Instructors (DDI) website is a free information and advice service for people with a disability who want to learn how to drive, and there is a searchable register of specialist driving instructors who can help young people with physical disabilities, specific learning difficulties or special educational needs and those with hearing difficulties.
Web: <https://localoffer.bradford.gov.uk/service/478-disability-driving-instructors>

How about getting to school or college?
The Travel Assistance Service helps to determine which type of support is suitable for young people eligible for transport. This could be a daily travel allowance, reimbursement of mileage costs, travel training, a travel buddy, a suitable bus pass and/or a place on a minibus or taxi.
Web: <https://localoffer.bradford.gov.uk/service/457-home-to-school-and-college-travel>
Phone: 01274 439450



Maintaining Good Health in Adult Life



There are a range of services available in Bradford to help you to maintain your physical and mental health into adulthood. This might include support which can be accessed through your local GP, such as annual health checks, or for young people with more complex health needs, there are additional packages of care which can be provided.

Types of Services:

Primary care is often the first point of contact for people in need of healthcare (usually provided by professionals such as GPs, dentists and pharmacists).

Secondary care services are more specialist services for complex health needs. Not everyone with a learning disability needs to access specialist services, but these are available for those who need this additional help.

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Primary Care

Annual Health Checks

If you are aged 14 and over and you are on your GP's learning disabilities register, you are entitled to a meeting once a year with your GP for a health check-up.

What is an annual health check?

This is a yearly catch-up with your GP to talk about any health conditions you might be concerned about. After your health check, you will be given a 'health action plan' which summarises the support and advice you have been given.

Who should I contact?

All GPs across Bradford are signed up to offer these. You, or your parents or carers, can ring your GP to ask if you are on the register, or to let them know if you think you should be.

<https://www.bradfordcravenccg.nhs.uk/wp-content/uploads/2021/08/Annual-health-checks-for-people-with-a-learning-disability-in-Bradford-District-and-Craven.pdf>

The form is titled 'Annual Health Check Action Plan' and includes fields for Patient Name, Who supported me today, Date of Annual Health Check, and Who completed check. It also has a table for 'Tick where needed' and 'Further Action Required' with options like 'Turn to page'. There are icons for a person in a house and a calendar.

18+

If you are under the care of a Paediatrician, your health care will transfer to your GP when you are 18.

!

Ask your GP about 'accessible information needs' to talk about how they can best communicate with you

Hospital Passports

Hospital passports are used to help people with learning disabilities and/or autism get the right care and support in hospital

They are recognised at Bradford Royal Infirmary and Airedale Hospitals.

Please complete a hospital passport (or ask your parents or carers to complete this) and take it with you if you need to go into hospital.

<https://www.bdct.nhs.uk/wp-content/uploads/2016/12/VIP-hospital-passport.pdf>

VIP hospital passport

The form is titled 'VIP hospital passport' and includes a section 'About me' with fields for My name, I like to be called, My religious needs are, My ethnic background is, Language's I speak, Language's my carer speaks, Things I like to do and talk about, and Things I don't like to do and talk about. It also has a section for 'Other services involved with me' and a date/review date field.

School Nursing Team

The School Nursing Teams work within schools, other education providers and the local community to support children and young people of school age, and those who care for them. They will work together with you to offer support and advice about how to make decisions around healthy living.

Who is it for?

Children and young people of school age.

Web: www.bdct.nhs.uk/services/school-nursing-teams/

BDCFT School Nursing Special Needs

The BDCFT School Nursing Special Needs team support children, young people and their families within specialist settings in Bradford, Airedale & Craven.

Who is it for?

The School Nursing Special Needs team support children and young people from 4 – 19 years of age, who are in a specialist setting and who have complex physical and/or mental health needs.

Web: localoffer.bradford.gov.uk/service/564-bdcft-school-nursing-special-needs

Mencap have produced a guide with Bradford People First which provides information for young people and their families about moving from children's services to adult health services:

<https://www.mencap.org.uk/get-involved/campaign-mencap/treat-me-well/hospital-care-young-people-learning-disability>



Keeping Fit and Healthy

Young People's Social Prescribing Service (HALE)

Social Prescribers can connect adults and young people with non-medical support within their local neighbourhood. This might include support with attending activities in the community. Please speak to your GP if you think this might be useful for you.

To find out more please email rebecca.mcdonnell@haleproject.org.uk, or contact 07508 820689

Web: haleproject.org.uk/reducing-isolation/young-peoples-social-prescribing-service

Financial Help

You may be entitled to extra financial help if you have long-term health conditions or disabilities.

Have a look on the Gov.uk website to see what you might be entitled to: www.gov.uk/financial-help-disabled/disability-and-sickness-benefits

Sexual Health

Step 2 offers a range of services for children and young people aged 11-18 years (up to 25 years for sexual health) to support, educate and raise awareness of sexual health related issues and to improve emotional well-being.

Web: localoffer.bradford.gov.uk/service/624-step-2-young-peoples-health



Living Well



Living Well aims to make the healthy choice the easy choice for people in Bradford District. Living Well's goal is to lower the cases of preventable health conditions and to help people live longer, healthier lives. A range of advice and resources can be found on their website.

Web: www.mylivingwell.co.uk

Every Friday we go to the gym with Andy. We go on the running machine, we go on the weights, lots of different things.

Jordan, Keighley College



My manager at BRI gave me some advice and I'm here now, looking fit.

Mohammed,
Bradford College

I make my own breakfast, my own lunch, my own dinner and tea. I play football on Thursday evenings. I go to the gym sometimes.

Haroon, Bradford College



Mental Health and Wellbeing Directory of Support

There are many organisations in Bradford which may be able to support you with your mental health and wellbeing :



West Yorkshire Night OWLS is a confidential emotional support line for children, young people (up to 18, or 25 with additional needs, care leavers etc) their parents and carers who live in Bradford, Calderdale, Kirklees Leeds and Wakefield. This service provides information, sign posting, listening, advice and support. Open every day, 8pm–8am. Support provided over the phone, text, and online. To contact us, call 0800 1488 244 or visit www.wynightowls.org.uk



Family Action Trauma Service is a specialist recovery-focussed therapy for young people aged 4-18 who have experienced a traumatic bereavement or sexual abuse. Just call 01274 651652 and ask for a member of the Children's Trauma Therapy Service or email CTTS@family-action.org.uk



Step 2 have a team of fully qualified and experienced counsellors and is available free of charge to young people aged between 11 and 18 years. You can self-refer to this service by calling 01274 683118.



Bradford Counselling Services work with adults, young people and children from the age of 13 upwards, providing up to 12 sessions of counselling. You can call 01274 733080 or email info@bradfordcounsellingservices.org.uk



Kooth.com is an online counselling and emotional well-being platform for children and young people, accessible through mobile, tablet and desktop and free at the point of use. You just need to self-register for the service at www.kooth.com.



Know Your Mind Service offers 1-1 and group work to young people aged 8 - 25 in Bradford Central (BD1, BD2, BD3, BD5, BD7, BD8, BD9). You can self-refer via the form on our website. For more information please contact 01274 730815, email knowyourmind@mindinbradford.org.uk, or visit <https://www.mindinbradford.org.uk/support-for-you/know-your-mind/>



MyWellbeing College is a free NHS service to help people manage everyday problems and has a wide range of different learning opportunities, from online courses to getting out and meeting new people. You can enrol on their website: bmywellbeingiapt.nhs.uk



Sharing Voices Bradford offer culturally appropriate and confidential emotional wellbeing support, advice and information for diverse minority communities of Bradford experiencing stress, anxiety and depression. Contact 01274 731166 or email info@sharingvoices.org.uk



Roshni Ghar work with young women aged 13 to 18 years old (25+ for those with learning difficulties) from the South Asian community who have been diagnosed with mental illness. All service users are referred to Roshni Ghar by a health or social care professional. Referrals can be made via <https://roshnighar.org.uk/referrals/>, for further information please email Aneesa.hussain@roshnighar.org.uk



Healthy Minds provides a list of local services, resources and advice on supporting positive mental health.



Youth in Mind offer a range of 1-1 and group support to children, young people and their families from birth-to-25 across Bradford District and Craven. This includes counselling, peer support, youth work, information, advice and guidance, coaching, mentoring, crisis de-escalation and intensive support, clinical assessment and direct clinical work. Visit their website for more information. <https://youth-in-mind.org/community-and-school-based-support.php>



Safer Space offers a homely place to stay for one night for young people, aged 18 and under, living in Bradford, Airedale, Wharfedale or Craven, in crisis and experiencing emotional distress. They can be contacted by calling First Response: 0800 952 1181.



Inspired Neighbourhoods provide young people aged 7-17 with mental health support and offer access to youth clubs. Call 01274 665598 or email info@incic.co.uk for further information.



Yorkshire MESMAC offers local counselling, youth groups and support to schools for LGBT+ young people in Bradford. You can find more details and self-refer to counselling services by visiting their website.



Project 6 offers a RISE programme for young people under 18 living in Wharfedale, Airedale and Craven areas, and provides 1:1 counselling to support mental health and promote resilience. Contact 01535 610 180 or email info@project6.org.uk for further information.



Shaping Spaces is a wellbeing project for young people aged 16-25 who are Not in Education, Employment or Training (NEET) and provides opportunity for young people to spend time outdoors and work on community projects to improve and maintain their health and relationships and increase their confidence and potential. Visit their website for further information.

R O O T E D

Rooted is aimed at teenage girls experiencing challenges around confidence, relationships and mental health, and seeks to include nature, nurture and relational approaches to bring about long-lasting change. Young people are referred by their educational setting. Schools can contact hello@rooteduk.com to enquire about groups



Bradford Rape Crisis Centre provide specialist support and services to women and girls who have experienced rape, sexual violence, or sexual abuse at any time. Helpline: 0800 448 0710



The Young Carer's Team support young carers (aged 18 or under) in the Bradford, Harrogate and Craven districts of Yorkshire. To find out more please email info@carersresource.org, or contact 01274 449660.



The Young Carers Support App is a comprehensive resource for young carers and any professional working with young carers and provides advice on how to maintain their physical and mental wellbeing. You can download the app from your phone's app store.



The BREW Project aims to give a child or young person (aged 5 to 17) access to a confidential and non-judgmental one-to-one support session via telephone, video call, walk & talk session or face to face within a few weeks. The service is designed to offer quick and effective support to help children and young people find solutions to problems, concerns and issues they are experiencing in life and with their mental health/emotional wellbeing. To make a referral please call 01422 730015, email support@invictuswellbeing.com or visit their website at www.invictuswellbeing.com/brewproject



If you need urgent mental health support, call **First Response: 0800 952 1181**

Secondary Care

Support for Complex Health Needs

The Learning Disabilities Health Support Team (sometimes known as 'Waddiloves' due to the building's name!) work across Bradford district and Craven with adults and young people moving into adulthood with learning disabilities.

This team is made up of Physiotherapists, Occupational Therapists, Psychologists, Psychiatrists, Dieticians, Nurses, Speech & Language Therapists, Associate Practitioners and Support Workers in each of these areas. There are also specialist Dental, Podiatry, Ophthalmology and Audiology clinics based at Waddiloves.

Although most young people with learning disabilities do not require specialist support, this team works with adults (or those moving into adulthood) who need additional support to have their health needs met. This might include short-term support, or long-term support for more complex health needs.

<https://www.bdct.nhs.uk/services/learning-disability-health-support-team/>



Bradford Teaching Hospitals NHS Foundation Trust and Airedale Hospitals NHS Foundation Trust, along with other local hospitals, all have learning disability liaison professionals in post for adults with learning disabilities.

Transitions Team

The Transitions Team is a small team of nurses who focus on transition health support for young people with learning disabilities with more complex health needs (physical or emotional). This team works with young people and their families to support their health transition (including those on full Continuing Health Care funding).

Who is it for?

Young people (and their families) aged between 14 and 21 years diagnosed with a complex and continuing healthcare need and a physical disability.

Who should I contact?

Ring and speak with the Duty Team on 01274 497121 or talk to a member of the transition team if they are attending your school review.

<https://localoffer.bradford.gov.uk/service/1516-transition-nursing-team-preparing-for-adulthood>



If you are in a special school, you may meet us at your Education Health and Care Plan (EHCP) review when you get to Year 13!

Continuing Care

Some children and young people may have very complex health needs. Young people with such complex needs may need additional health support to that which is routinely available from GP practices, hospitals or in the community. This additional package of care is called continuing care.

Who is eligible?

- Any child or young person up to their 18th birthday (or 19th birthday if they attend a special school) who has a complex health need may be eligible.
- Children living in the Bradford and Airedale area with a Bradford Consultant
- When a young person reaches 18, the adult NHS Continuing Healthcare arrangements apply. The Clinical Commissioning Group (CCG) will assess any young person receiving continuing care when they are aged 16-17, to see if they are likely to be eligible for NHS Continuing Healthcare when they turn 18.

How can I access Continuing Care?

By referral from your Consultant, GP, Health Visitor, Social Worker, School Nurse, Nurse Specialists and other healthcare professionals.

Bradford Children's Continuing Care, St Luke's Hospital, Bradford, BD5 0NA
01274 365363
<https://localoffer.bradford.gov.uk/service/585-bradford-childrens-continuing-care>

For more information: <https://www.gov.uk/government/publications/children-and-young-peoples-continuing-care-national-framework>

Other Specialist Health Services

Epilepsy team: based at The Ridge Medical Centre and can be contacted on 01274 425635.
Web: www.bradfordhospitals.nhs.uk/neuropsychology/

Speech and language Therapy Services: Supports children and young people up to 25 years with Speech Language and Communication Needs. Support may include assessment, advice and support for schools, settings and families and access to training and workshops depending on your needs. There is an open referral system (meaning anyone can refer, including yourself) and referrals can be made by contacting 01274 221166.

Child and Adolescent Mental Health (CAMHS): CAMHS supports young people up to the age of 18 who have considerable levels of mental health difficulty which are persistent and significantly impacts day-to-day life. Young people may have already accessed more universal mental health support and eligibility of access to this service will depend on both type and severity of presentation. Referrals to CAMHS can be made by a variety of health professionals, including GPs, school nurses and health visitors. If you are already seen by CAMHS, the possibility of transition to adult mental health services will be discussed with you before your 18th birthday. More information about CAMHS can be found on their website: <https://www.bdct.nhs.uk/services/child-adolescent-mental-health-camhs/>

Neurodevelopmental Assessments: If you want to pursue an ADHD and/or Autism assessment, please ask your school or setting to follow the processes on Bradford Schools Online <https://bso.bradford.gov.uk/Schools/CMSPage.aspx?mid=3573>

Your Rights

Chaperones

Health settings should offer all patients a chaperone (someone to support you) for any consultation, examination or procedure if you feel one is needed. This might include an 'informal chaperone' (such as a family member) or a 'formal chaperone' (e.g. a member of staff in the health setting, such as a nurse or a specifically trained receptionist).

Decision-Making and Consent

Most people over the age of 16 have the right to make decisions for themselves, including decisions about your healthcare. If you are not able to make your own decisions, someone else can do this on your behalf. Any decision made on your behalf must be made in your best interests ([Mental Capacity Act, 2005](#))

Reasonable Adjustments

Under the Equality Act (2010), the NHS has to make it as easy for people with a disability to use health services as it is for those without disabilities. This is called making 'reasonable adjustments'.

Deciding Whether to Have Treatment

Your doctor must explain what's involved in the treatment, why you need it, how it will help and if there might be any risks with having a treatment. The doctor should explain everything in a way you find easy to understand, and you can ask as many questions as you like. You can also ask a carer or friend to help you.

Your Rights

You have rights when making decisions and choices about your healthcare.

These websites tell you what your rights are when using the NHS:
<https://www.getyourrights.org>
<https://www.mencap.org.uk>

Good to know...

The NHS have a number of easy read newsletters and information to tell you about what is happening in health and medical services.

Confidentiality Consent Feedback



All young people have the right to be treated with respect. This includes a right to consent to treatment, confidentiality and feedback their thoughts on the services they use. The NHS Youth Forum have created a number of posters and a video to help to make you aware of your rights: <https://www.byc.org.uk/uk/nhs-youth-forum/youth-rights-in-healthcare>



Living as Independent a Life as Possible

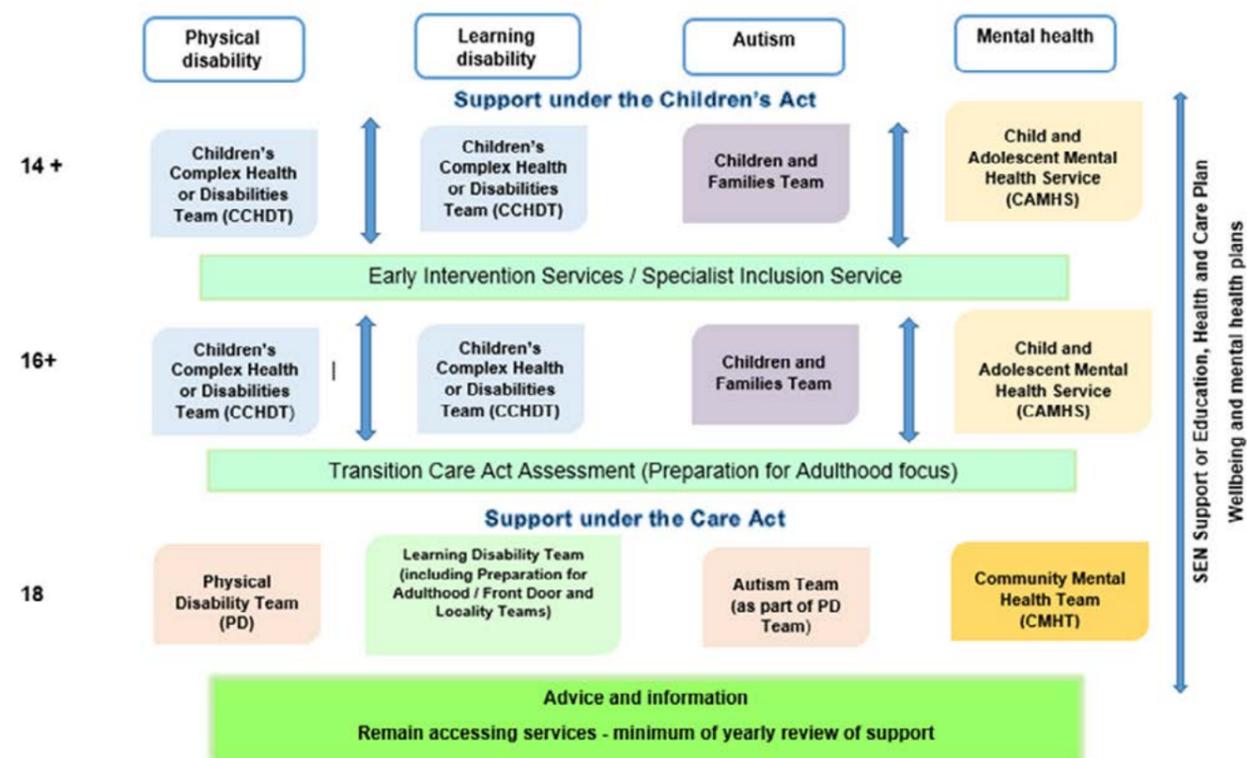
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To help you to live as independently as you are able to, you might be eligible for support from social care services. This may also include access to adult social care services after the age of 18. Social care support offers personal care and practical support to young people to support them with developing their independence and helping them to live comfortably.

If you have an Education Health and Care Plan and are likely to require ongoing support after the age of 18, the Local Authority is responsible for making sure you have a transition assessment for adult social care support at an early stage (ideally from Year 9 onwards). It is your right that you are actively involved in these assessments, and that they take account of your needs and your aspirations for your future.

What Services or Agencies Could Help Me?

Social care support for young people with different needs at various ages:



What is 'social care'?

Social care is practical support for people who need help in their day-to-day life. This might include help with independent living tasks such as shopping and cooking, to things like finding a job and managing money.

Children's Complex Health or Disabilities Team (CCHDT)

Children's Complex Health or Disabilities Team (CCHDT) - 0-18 provides Social Care support for young people and families in need as a result of complex health or disabilities. The team is made up of Social Workers, Community Resource Workers, a Children's Advisor and Business Support Officers and is a specialist team part of Bradford's Children's Social Care Services, for Children and Young People.

Am I eligible?

The CCHDT support children and young people with the most complex health, sensory and/or learning needs which cannot be met by Universal or Targeted services. A request for an assessment can be made when difficulties are severe or profound; life limiting and/or degenerative; or when the combination of needs which individually are not severe, but together cause as much impact as a very severe disability or health need.

Where can I find out more information?

Phone: 01274 435750

<https://localoffer.bradford.gov.uk/service/780-childrens-complex-health-or-disabilities-team-018>

Preparation for Adulthood (PfA) / Front Door Team

The Preparation for Adulthood (PfA) / Front Door Team seeks to ensure that young people aged 16-25 with physical or learning disabilities have targeted support to meet their aspirations. The focus is around 4 areas; Employment, Independent Living, Community Inclusion and Health. The PfA team are made up of Social Workers, Community Care Officers and Occupational Therapists. The team is motivated and committed to work together with young people, their families, carers and other partners to ensure they have equal opportunities.

Am I eligible?

The PfA team work with young people aged between 16-25 and who are:

- Resident in Bradford
- Have an Education Health & Care Plan (EHCP)
- Have complex needs as a result of a diagnosed moderate, severe or profound learning disability
- And/or a severe physical disability

Where can I find out more information?

Phone: 01274 435750

<https://localoffer.bradford.gov.uk/service/643-preparation-for-adulthood-and-ctld-front-door-team-16>



Needs Assessments

Transition Assessments

When you approach your 18th birthday, you (or your parents/ carers) may ask the Local Authority for a needs assessment if you feel ongoing support in relation to physical or mental health, education, work, finances and/or housing, for example. The local authority has a duty to do this assessment.

Autism

If you have an autism diagnosis and think you need more support, you are entitled to a free needs assessment.

How do I get a Needs Assessment?

Contact the Support Options Team on
01274 434191

or email:
support-options@bradford.gov.uk

Adult Social Care

Adult Social Care works with people from the age of 18 and older with physical and learning disabilities to help them to remain as independent as possible for as long as possible.

Am I eligible?

Social Care supports adults of all ages, disabilities and backgrounds enabling them to live happy and fulfilling lives, mainly through support at home and in the community.

If you have tried ways to stay independent and still need further support, the first step is to contact this team for a conversation. If you are a resident in Bradford over 18 years old, please contact the Independence Advice Hub to discuss your situation.

Where can I find out more information?

Phone: 01274 435400

<https://www.bradford.gov.uk/adult-social-care/i-want-an-assessment/i-want-an-assessment/>

<https://localoffer.bradford.gov.uk/service/742-adult-social-care-eligibility-criteria>

How College Can Help You to Become More Independent...



I take the sweet trolley around staff and they have to pay money to buy things, but we make a lot of profit and we count the money out once we've finished.

Ruthie, Keighley College



My vocational studies course prepared me to go out to work and I did lots of cooking skills, I really enjoyed it.

Amin, Shipley College

(I've learned) the basics... chopping, learning how to hold a knife properly.

Ben, Shipley College



(College) translate to BSL everything that's said.

Aman, Shipley College

I'm studying Living and Working. (This involves) getting to be more independent in cooking and working, and getting out to work and doing more independent living and budgeting.

Kenny, Keighley College

I've been able to create my CV (to help me to) go on to the world of work if I'm interested in getting a part-time job while I go to university.

Max, Shipley College



What Funding or Grants Could I Access?

Personal Independence Payments (PIP) can help with both daily living (everyday tasks) and mobility (help with getting around).

Am I eligible?

You must be 16 years or older.

You find it difficult do daily activities or get out and about on your own (these difficulties must have been present for longer than 3 months and are expected to last 9 months or longer)

Where can I find out more information?

<https://localoffer.bradford.gov.uk/service/424-personal-independence-payments-pip>

<https://www.gov.uk/pip>

Where can I find out more information?

<https://www.gov.uk/disabled-students-allowance-dsa>

Disabled Student's Allowance (DSA) provides support to cover the study-related costs you have because of a mental health problem, long term illness or any other disability. This can be on its own or in addition to any student finance you get and depends on individual needs, not household income, and you do not have to pay this back.

Where can I find out more information?

<https://localoffer.bradford.gov.uk/service/375-disabled-student-allowance-dsa>

<https://www.gov.uk/disabled-students-allowance-dsa>

Disabled Facilities Grants can help you to make adaptations to your home so that you can be more independent. If you have a carer, you can also get a Disabled Facilities Grant if it will help your carer manage more easily.

Where can I find out more information?

<https://www.bradford.gov.uk/housing/improvements-and-adaptations/disabled-facilities-grant/>

You may also be entitled to:

[Universal Credit](#)

[Employment and Support Allowance \(ESA\)](#)

[Access to Work grant](#)

Further information about grants you may be entitled to can be found here:

<https://www.disability-grants.org>

<https://localoffer.bradford.gov.uk/service/573-turn2us-charity>

<https://www.gov.uk/financial-help-disabled>

Where can I find online help to support me to develop life skills and help me to manage money?

LifeSkills
Created with  **BARCLAYS**

 **HSBC UK**

SAVE THE STUDENT!


Prince's Trust

A One Minute Guide for – Personal Budgets.

What is a Personal Budget?

A personal budget is where young people, or parents/carers or carers of a child, with an Education, Health and Care plan (EHCP) are able to take some choice and control over how resources are spent on specialist support. Personal budgets can include resources from education, health and/or social care services.

Where does the money come from and what can it be used for?

It is important to note that by having a Personal Budget, it does not increase the resources which are available, but it does mean that parents/carers or young people can influence how the existing resources are used or spent.

Education: is taken from a pot of SEN funding called Element 3 “top up” funding. For more information please visit our SEN Funding page, [here](#). Education funding must be used on special educational provision which enables the child/young person to achieve the outcomes stated in the EHCP.

Health: is often known as “continuing care” which is overseen by the local NHS Clinical Commissioning Group. Continuing Care funding is used to ensure appropriate, specialist health care and medical intervention is available to the child/young person.

Social care: is overseen and monitored by the child/young person’s social worker, and can be used to support in the family home (e.g. supportive equipment, help with domestic activities) or support to access social activities in the community (e.g. a Personal Assistant, support to join in a local club, [short breaks](#)).

Mechanisms for delivering a Personal Budget:

- **Arrangement:** the council, school or college holds the money and arranges the support needed on behalf of the parent/carer or young person.
- **Third party arrangement:** the money is held by a third party who handles it on behalf of the parent/carer or young person (e.g. a relative or specialist broker).
- **Direct Payment:** the money is given directly to parents/carers or the young person to arrange support.
- **A combination** of any/all of the above.

Eligibility

Any young person with, or the parent of a child with, an EHC plan has the right to ask the Local Authority to prepare information about a Personal Budget and to request a Personal Budget.

Requesting a Personal Budget

There are two points at which a parent or young person can request that the Local Authority prepares information about a Personal Budget:

- EHC Assessment
- Annual Review

Where can I get further information, advice and support?

- Information Advice and Support Service ([SENDIASS](#)) – 01274 513300
- Other Organisations – [PFBA](#), [AWARE](#)
- For full details please follow the link to Bradford’s Local Offer: <https://localoffer.bradford.gov.uk/service/763-personal-budgets-overview>

What Are My Options for Housing?

Rented Housing

Renting means that you will pay someone else to live in a building they own.

Support and Advice Available:

[Housing Options Assessment](#)
[Local Housing Allowance \(LHA\)](#)
[Shelter: legal rights and local advice](#)
[Disabled Facilities Grant](#)

Supported Living

Supported Living housing involves living in accommodation with access to extra support on-site.

Support and Advice Available:

[Key Ring](#)
[Choice Advocacy](#)
[NHS guidance](#)
[Housing benefit](#)

Home Ownership

Owning your own house, often by borrowing money from a bank or building society (called a 'mortgage')

Support and Advice Available:

[Support for Mortgage Interest \(SMI\)](#)
[Home Ownership for People with Long-term Disabilities \(HOLD\)](#)
[My Safe Home](#)
[Home improvements financial assistance](#)

Other Options:

Support in your Existing Home
Move-on Schemes
Living with Another Family:
Shared Lives Schemes
Residential and Nursing homes



Further advice and guidance from the Preparation for Adulthood Team can be found here:
www.ndti.org.uk/assets/files/Top-Tips-SEND-Housing.pdf

To check whether you are entitled to any other grants or financial support to help you with housing costs, please have a look at the Gov.uk website:

<https://www.gov.uk/financial-help-disabled/home-and-housing>

Housing Options Assessment

Bradford Council has a system in place which allocates social housing to adults based on availability and requirements.

Who is it for?

Anyone over the age of 18 with a disability.

How can I access this?

By having a Housing Options Assessment in either Bradford or Keighley. This can be done face-to-face, over the phone or a home visit can be arranged in certain circumstances.

Phone: 01274 435999 (Bradford) or 01535 618600 (Keighley)

<https://localoffer.bradford.gov.uk/service/421-finding-accommodation>

Choice Advocacy

Choice Advocacy is a partnership between the Local Authority and other agencies that aims to deliver real homes for people with learning disabilities and difficulties.

Who is it for?

Any person with a learning disability or difficulty or autism wanting to find, change, or address issues relating to their own home. The service will focus on supported living and individual tenancies.

How can I access this?

Contact Choice Advocacy on 01274 391691

<https://localoffer.bradford.gov.uk/service/423-living-independently>

Help if You Are at Risk of Becoming, or Already Are Homeless



Bradford Nightstop provides emergency accommodation for homeless young people in the homes of vetted and trained volunteers. Their Nightstop Plus scheme also offers free accommodation for young people aged 16-17 years old with nowhere to stay and no social/support worker, and provides help with developing skills for independence.



Bradford No Second Night Out can provide short-term emergency accommodation, and can also support you with setting up and securing longer-term housing and reconnecting with your home area. Call **01274 309165** for more information.



If you are worried about where you are going to sleep tonight, call **Bradford Housing Options** on **01274 435999**.

Your Rights

Your rights (to do and have certain things and to be treated in a certain way) are protected by law. This makes sure that you are being treated fairly and that you have the support and protection you need in all areas of your life, but particularly at home, in school, college or the workplace and when receiving care. These are some of the main pieces of law (legislation) to be aware of:

The Care Act (2014) is the law covering Social Care. It is the main piece of law that guides Local Authorities about how to support young people with learning disabilities and their parents/carers. Mencap has produced a helpful guide about some of the key points of the Care Act: www.mencap.org.uk/sites/default/files/2016-11/Know%20your%20rights%20-%20the%20Care%20Act.pdf

The Equality Act (2010) protects you from discrimination in education, work and services provided for you, and means that employers and other agencies have a duty to provide 'reasonable adjustments' for you if these are needed.

The Human Rights Act (1998) sets out your basic rights and makes sure that public organisations (e.g. Government, police, local councils) treat you with dignity, fairness, equality, and respect.

The Mental Capacity Act (2005) states that every adult over the age of 16 has the right to make their own decisions wherever possible. If you are not able to make your own decision/s, even with support and information which is understandable for you, the people supporting you must make a decision on your behalf which is in your best interests.

The Code of Practice (2014) sets out legal guidance which organisations who support children and young people (from age 0-25) with special educational needs and disabilities must follow.

The Children and Families Act (2014) provides legal guidance to support children and their families. The Government provides a guide for young people here: assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/359681/Young_Person_s_Guide_to_the_Children_and_Families_Act.pdf

Where can I go for more information about my rights?



<https://www.citizensadvice.org.uk>
<https://www.disabilityrightsuk.org>
<https://www.gov.uk/rights-disabled-person>
<https://www.mencap.org.uk/get-involved/campaign-mencap/know-your-rights-guides>
<https://www.mencap.org.uk/mencap-cymru/mencap-cymru-our-resources-and-guides>
<https://www.mind.org.uk/information-support/for-children-and-young-people/understanding-my-rights>
<https://www.nyas.net>

Advocacy Services

Advocacy means helping people to speak for themselves and ensures people are able to:

- have their voice heard on issues that are important to them
- defend and safeguard their rights
- have their views and wishes genuinely considered when decisions are being made about their lives.

Who Can Help Me to Understand My Rights in My Local Area?

The Bradford SENDIASS provides Information, Advice and Support around Special Educational Needs and Disabilities (SEND).

Who is it for?

Young people with additional needs aged 0-25 may access this service. This service can also be accessed by parents/carers of children and young people with additional needs.

Bradford SENDIASS

Where can I find out more information?

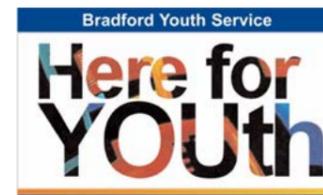
<https://localoffer.bradford.gov.uk/service/734-bradford-barnardos-sendiass>

Phone: 01274 513300

The Bradford Youth Service provides free, confidential information and guidance to young people up to the age of 25, on anything that affects your life.

Who is it for?

Young people aged up to 25



Where can I find out more information?

<https://localoffer.bradford.gov.uk/service/618-bradford-youth-service>

Phone: 01274 431485

Bradford People First is a self-advocacy group, run by people with learning disabilities, for people with learning disabilities. They aim to make the lives of people with learning disabilities better in Bradford and throughout the country. <https://www.bradfordpeoplefirst.org.uk>



Bradford Council has information on a range of advocacy services across the Bradford District who may be able to help you:

<https://www.bradford.gov.uk/adult-social-care/living-independently/advocacy/>

Where Can I Find Out More Information About What is Available for Me Across Bradford?

HELP AND INFORMATION FOR FAMILIES WITH SPECIAL NEEDS AND DISABILITIES
BRADFORD AND DISTRICT LOCAL OFFER



Bradford's Local Offer sets out information about provision and services available to support young people aged 0-25 across Bradford with Special Educational Needs and Disabilities (SEND).

<https://localoffer.bradford.gov.uk/>

Popular Services

Education Health & Care Plan (EHCP) & Personal Budgets Information and advice about education, health and care assessments, plans & reviews. Inc... View Available Services →	Health Find facilities, equipment and support you can access View Available Services →	Education Information on schools, colleges and further education, including education, health and care plans View Available Services →
Social Care Find out about the support available to you, when you need it, from a range of services View Available Services →	Information & Advice Find out which organisations can give you independent help View Available Services →	Things to do Access information about what's on, events and activities in your local area View Available Services →
Getting Around Discover the support available with transport and travel and where to find it View Available Services →	Preparing for Adulthood-Developing Independence, Employment & Training Help and information to ensure young people are ready for adulthood. View Available Services →	Children & Young People - Information Videos Videos for children and young (CYP) about SEND and local review videos by CYP about activities... View Available Services →

Toolkits to Help You to Identify Your Hopes and Aspirations for the Future

Preparing for Adulthood Pathway 14-28 All young people with an EHCP (mainstream/special)

SEND Transformation and Compliance Team

Name of young person:
 Date started:
 Contributors:

Driven by aspiration → **Holistic Approach**

ASPIRATIONS	KEYSTAGE 4 (14-16)	KEYSTAGE 5 (16-18)	18+ AND PFA OUTCOMES	TRANSITIONAL REVIEW - Plans, aspirations, what are options and next steps?
EDUCATION YEAR 8/9 Person centred review Must relate to aspirations HEALTH Health needs which impact on life and long term plans SOCIAL CARE Social care socialisation Social needs which impact on life and long term plans	ANNUAL REVIEW AND POST 16 OPTIONS - Questioning at reviews reasons for choice - how do the choices relate to aspirations?	ANNUAL REVIEWS AND POST 18 OPTIONS	18+ AND PFA OUTCOMES	REVIEW - Plans, aspirations, what are options and next steps?
RESPONSIBILITY WHO IS FUNDING WHAT? ACCOUNTABILITY	SETTING PROGRAMME SETTINGS/ SUPPORT PLAN			ACCOUNTABILITY WHO IS FUNDING WHAT? RESPONSIBILITY

Support planning with parents/carers

Preparing for Adulthood = what makes a good life for the young person



City of
BRADFORD
METROPOLITAN DISTRICT COUNCIL

If you have any queries or questions regarding this prospectus please contact:
Email : SENDT&C@bradford.gov.uk