

## **SUPPORT AND ADVICE**

Your school's Nurse is a good source of advice and support to you and your child, and we can usually 'signpost' you to appropriate services if we can't help you ourselves. We try to attend Coffee Mornings, Open Days and other events where you can meet us or other members of the team, to discuss any worries or issues that you may have. We also try to be around for parents' evenings when we can. We may not have all the answers, but will do our best to help! If you need help and advice at any time you can leave a message at school or at our office and I will get back to you (contact details and hours of work are at the end of this Webpage). There is always someone available if you need help and support at any time.

We are also available to children to discuss confidentially any health worries or concerns they may have. For example, they may have questions about body changes, growing up, a medical condition or leaving school. If you feel your child would benefit from this, please give us a ring and we will make sure that we get to see them. We aim to listen and to help young people to keep themselves safe, and to help ensure their experience in school is a happy one.