

A self-advocacy group, run by people with learning disabilities for people with learning disabilities



## Independent Youth Advocacy Forum

### A New Exciting Opportunity for 14-21 year olds with Learning Disabilities and/or Autism

The group will work towards becoming more autonomous, self determined individuals: young people who can set personal goals, make choices, build self esteem and find personal happiness. They will be empowered to speak up for themselves and others, understanding their rights and responsibilities, to

#### The group will be empowered to:

- ◆ Develop thinking and decision making skills
- ◆ Set personal goals and goals for the group
- ◆ Develop opinions and challenge policy and policy makers
- ◆ Improve communication skills
- ◆ Build self esteem, confidence and self belief

#### This will involve:

- ◆ 9 x 3 hour sessions delivered by our skilled facilitators in our training centre in Keighley
- ◆ 1 per month, term time, October-June (term 1: 2nd Oct, 6 Nov, 11 Dec)
- ◆ We will provide funded transport from school and back
- ◆ Parental consent will be required
- ◆ The group will also be able to deliver assembly type events back in-school, with our support and guidance, so that the wider community will also benefit and learn from the project



*Young people who say yes to these questions:*

*Are you enthusiastic? Keen to make a difference?*

*Want to be a leader? Want to take action?*

*We look forward to hearing from you....*

## GET IN TOUCH

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