



Our sessions are designed for young people (aged 8-19) with disabilities and additional needs to enjoy a variety of sports, enabling them to develop their independence and social skills in a fun, relaxed and supportive environment (1:4 staff participant ratio)

Where and When

**Sedbergh Community Centre,
Huddersfield Road, BD6 1DJ**

Wednesday – Term Time

5-7pm

Booking Info

Email: holly@sportworksltd.co.uk

Call: 07851 062 880

FREE sessions

Drink and Snack Required

www.sportworksltd.co.uk

www.facebook.com/Sportworksyorks