



AWARE SUMMER HOLIDAY GUIDE 2023



WELCOME TO SUMMER!

We know that the summer holidays can feel long and daunting for any family, and for autistic people and their families it can feel extra challenging.

We have compiled this guide to help you find activities for you and your family to get the very best out of your summer.

It has been designed to be read on a mobile device or computer and all links and contact details are clickable.

Take your time to read through, use our handy planner to keep track of ideas, and have a wonderful summer holiday!



TEAM AWARE X

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SUMMER HOLIDAY PLANNER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 1	24	25	26	27	28	29	30
WEEK 2	31 10:00 - 15:00 AWARE Stay & Play - Addingham	1 10:00 - 15:00 AWARE Stay & Play - Green Lane Primary	2 10:00 - 15:00 AWARE Stay & Play - Green Lane Primary	3	4	5	6
WEEK 3	7 10:00 - 15:00 AWARE Stay & Play - Addingham	8 10:00 - 15:00 AWARE Stay & Play - Green Lane Primary	9 10:00 - 15:00 AWARE Stay & Play - Green Lane Primary	10	11	12	13
WEEK 4	14 10:00 - 15:00 AWARE Stay & Play - Addingham	15 10:00 - 15:00 AWARE Stay & Play - Green Lane Primary	16 10:00 - 15:00 AWARE Stay & Play - Green Lane Primary	17	18	19	20
WEEK 5	21 10:00 - 15:00 AWARE Stay & Play - Addingham	22 10:00 - 15:00 AWARE Stay & Play - Green Lane Primary	23 10:00 - 15:00 AWARE Stay & Play - Green Lane Primary	24	25	26	27
WEEK 6	Bank Holiday 28	29	30	31			

NOTES

JULY 2023

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

AUGUST 2023

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



AWARE Stay and Play

Our Stay and Play sessions regularly include bouncy castle, football, basketball, scooters, pool, board games, art and crafts, sensory room with light suite, TV/DVD, and games consoles including X box, Switch, PS3 and Wii.

We are often joined by instructors who lead activity sessions such as cookery, Lego building, learning to cycle or children's yoga.

	ADDINGHAM	ACTIVITIES	GREEN LANE PRIMARY	ACTIVITIES
WEEK 1	Monday 31 July	Cycling session 10:00 – 12:00	Tuesday 1 August	Cycling with Chris - 10:00 – 12:00
			Wednesday 2 August	Creative Peeps – all session
WEEK 2	Monday 7 August	Regular Session	Tuesday 8 August	Creative Peeps – all session
			Wednesday 9 August	Regular Session
WEEK 3	Monday 14 August	Creative Peeps	Tuesday 15 August	Lego with Diana
			Wednesday 16 August	Lego with Diana
WEEK 4	Monday 21 August	Lego with Diana	Tuesday 22 August	Regular Session
			Wednesday 23 August	Lego with Diana

WHO IS IT FOR?

Open to all families with children of all ages, including siblings. However, you must be a member of AWARE to access sessions. To join AWARE visit aware-uk.org/aware-membership

HOW DO I ACCESS IT?

All sessions run from 10 am – 3pm on a drop in basis. You can stay for as long or as little as you like! For more information contact rachel@aware-uk.org

Cost is £7.50 per family for a whole day or £4 for a half day.

HOW DO I GET THERE?

Addingham – Addingham Youth Centre, Bolton Rd, Addingham, LS29 0NR
What3Words [///crackles.troubled.finest](https://www.what3words.com/#!/crackles.troubled.finest)

Green Lane - Orchard Building, Green Lane Primary, BD8 8HF
What3Words [///taker.forms.daring](https://www.what3words.com/#!/taker.forms.daring)



Beckfoot Phoenix Special School Stay and Play

WHAT IS ON OFFER?

Beckfoot Phoenix Stay and Play schemes offer children, siblings and families the chance to have fun using the sensory room, soft play room, hydrotherapy, rebound room, sensory garden, bicycles and track, outdoor play equipment, food technology, quiet spaces and other activities including messy play and arts and crafts.

WHO IS IT FOR?

Open to all families from Keighley and the surrounding area who have a child or children of any age who have special needs and their siblings.

HOW DO I ACCESS IT?

Stay and Play sessions run during February, Easter, May and Summer school holidays. Each play session costs £4 for one child and £1 extra for any other child you bring. There is also a £5 yearly membership fee.

It is advisable to book early for popular activities such as rebound, hydrotherapy sessions and swimming. Food and drinks are available from the café area or you are welcome to bring a packed lunch.

For more information contact jason.patefield@phoenixschool.org.uk or 01535 607038.

HOW DO I GET THERE?

Beckfoot Phoenix Special School, Braithwaite Ave, Braithwaite, Keighley BD22 6HZ.

[What3Words ///truly.sweep.vibes](#)

LOCAL OFFER PAGE

localoffer.bradford.gov.uk/service/708-beckfoot-phoenix-school-stay--play



Chellow Heights Special School Stay and Play

WHAT IS ON OFFER?

Chellow Heights Holiday Stay and Play activities include summer and holiday activities for children with additional needs. Activities may include using the swimming pool, hydrotherapy, sensory room, arts and crafts, rebound, soft play bikes and bouncy castles.

WHO IS IT FOR?

Children with additional needs up to the age of 11 and their siblings.

HOW DO I ACCESS IT?

For more information or to book a place email julia.warren@chellowheightsschool.co.uk or 01274 484242.

HOW DO I GET THERE?

Chellow Heights Special School, 147 Thorn Lane, Bradford, BD9 6RY.

[What3Words ///boats.jacket.rots](#)

LOCAL OFFER PAGE

localoffer.bradford.gov.uk/service/599-chellow-heights-special-school-stay--play

HOLIDAY AND SPORTS CLUBS

Moor Time Holiday Club

WHAT IS ON OFFER?

Moor Time's Holiday club runs week days from 7 August to 1 September, excluding the Bank Holiday.

The theme this summer is Living Well, sessions will be focusing on physical and mental wellbeing with lots of activities to tie in with Bradford's 20 Minute Movement campaign.

Activities will include sports, relaxation sessions, sensory play, animal therapy, Lego therapy, trips, bouncy castles, music, art and lots more.

WHO IS IT FOR?

The club is set up exclusively for young people with additional needs. Staff can provide support for ages 8 and over, including 1:1 support if needed. Under 8 are welcome to come with a DBS checked PA. There are a range of sessions each week for different ages and needs.

HOW DO I ACCESS IT?

For prices, discounts and more info, visit moortime.org.uk/holidayclub
If you're new to Moor Time and want to express interest in a place, sign up at moortime.org.uk/enquiries

HOW DO I GET THERE?

Ben Rhydding Scout Hut, Wheatley Lane, Ilkley, LS29 8ET

What3Words [///employ.convinces.missions](https://www.what3words.com/en/employ.convinces.missions)



Bradford PHAB Club

WHAT IS ON OFFER?

Free Multi Sports Activities Club including free packed lunch for participants.
Places are limited.

Monday 7 – Thursday 10 August
Monday 14 – Thursday 17 August
Monday 21 – Thursday 24 August

All sessions run 11:00 – 15:00.

WHO IS IT FOR?

Sessions are for children and young people with disabilities.

HOW DO I ACCESS IT?

For more information and to book contact Aky Kahn 07850 964864 or aky.kahn@hotmail.co.uk

HOW DO I GET THERE?

East Bierley Cricket Club, Southview Road, BD4 6JP.

What3Words [///grew.stream.owls](https://www.what3words.com/en/grew.stream.owls)



Play in Parks - Bradford District

WHAT IS ON OFFER?

The popular Play In Parks sessions are back for Summer 2023. These are open to all families and are NOT SEND specific, however we know that many of our families have enjoyed these sessions in the past. Activities include inflatables, sports and play equipment all to the sound of DJs!

The play sessions run daily from 21 July to 1 September at various locations across the district from 11am – 3pm.

HOW DO I ACCESS IT?

For dates and locations visit facebook.com/BradfordCommunityPlayActivitiesDevelopmentUnit

SHORT BREAKS

Specialist Inclusion Project

WHAT IS ON OFFER?

The Specialist Inclusion Project supports young people aged between 8 and 18 years of age with a disability to access a Short Break club or group based on their individual needs, likes and hobbies.

WHO IS IT FOR?

Children and Young People aged 8 to 17 years old at time of referral who meet the eligibility criteria.

HOW DO I ACCESS IT?

Referrals to the Specialist Inclusion Project should be made via the online form: bradford.gov.uk/children-young-people-and-families/does-your-child-have-special-educational-needs-or-disabilities/specialist-inclusion-project

LOCAL OFFER PAGE

localoffer.bradford.gov.uk/service/699-specialist-inclusion-project

Bradford Council Short Break Offer

WHAT IS ON OFFER?

There are three tiers of the Short Break Offer from Bradford Council:

- Universal or Tier 1 – Everyday community services such as Guides and Scouts, Youth Clubs or Sports activities.
- Targeted or Tier 2 – Options for individuals who need additional support to access activities.
- Specialist or Tier 3 and 4 – Specialist respite sessions for individuals with complex needs.

WHO IS IT FOR?

Bradford Council Short Breaks give disabled children and young people the opportunity for an enjoyable experience with or without their primary carers. Short Breaks also allow parents and families a break from their caring responsibilities, giving parents a chance to unwind, rest or spend time with the rest of the family.

As the service is tailored to the individual's need, eligibility is based upon application and assessment.



HOW DO I ACCESS IT?

For more information contact the Specialist Inclusion Team via localoffer.bradford.gov.uk/service/1566-Bradford-Short-Breaks-Offer

Nell Bank Outdoor Education Centre and Adapted Lodge

WHAT IS ON OFFER?

Nell Bank is an Outdoor Education Centre for children and young people of all ages and abilities. In partnership with the Specialist Inclusion Project, Nell Bank offer short break weekends for families who meet the Bradford short breaks criteria.

The centre has a specialist, inclusive residential lodge as well as a mobility vehicle, to ensure visitors can really get the most of their stay. The centre offers outdoor activity programmes from its 20 acre site on Denton Road, Ilkley.

Activities are varied and can be tailored to meet the specific needs of the family or group, from programmes that follow the story of the Gruffalo and pond dipping to team building sessions and family fun days, the centre has something to offer everyone.]

WHO IS IT FOR?

Children and young people with disabilities or additional needs.

HOW DO I ACCESS IT?

For more information visit nellbank.org/assisted-places or email office@nellbank.org or 01943 602032.



SUPPORT GROUPS, SERVICES AND CHARITIES

BIDS - Bradford Inclusive Disability Service

WHAT IS ON OFFER?

BIDS provide four weeks of fun activities during the summer holidays.

Based in St Luke's Hospital, BIDS employs two members of staff who can provide advice on accessing benefits, daily living help and access to other services such as occupational therapy, physiotherapy, speech and language therapy and consultant support.

WHO IS IT FOR?

Children, young people and their families.

HOW DO I ACCESS IT?

For Summer Activity information visit bradfordinclusivedisabilityservice.co.uk or 01274 365463.



Aireborough Supported Activities Scheme

WHAT IS ON OFFER?

Holiday play schemes, running a programme of activities, including swimming/ and hydrotherapy, trampolining and rebound therapy, arts and crafts, cooking, music and movement, drama, entertainers, animals visits.

Trips may be arranged to the cinema, bowling, climbing, sailing, to parks, play centres, farms and many, many more activities and places!

WHO IS IT FOR?

Children, young people aged 5-18 years, who live in the Aireborough area of Leeds (LS5, 16, 18, 19 20 & 21).

HOW DO I ACCESS IT?

For more information or to book a place visit aireborough-scheme.co.uk or email jo.galasso@aireborough-scheme.co.uk or 07764 43293.

SELFA

WHAT IS ON OFFER?

SELFA run a full programme of activities for school age children who live or attend school in North Yorkshire. This includes health and wellbeing programmes, peer support groups, targeted holiday workshops and trips and residential.

WHO IS IT FOR?

Children and young people aged between 4-19 years and their families.

HOW DO I ACCESS IT?

For more information or to book a place visit aireborough-scheme.co.uk or email jo.galasso@aireborough-scheme.co.uk or 07764 43293.

Zig Zag – Leeds Autism Support Group

WHAT IS ON OFFER?

- Monthly day and evening parent support group meetings
- Online support via the ZigZag private Facebook group
- Book lending library
- DLA form assistance
- Low cost autism awareness training
- Monthly soft play sessions
- Twice weekly trampoline sessions
- Holiday activity specials

WHO IS IT FOR?

ZigZag Leeds supports children with or without a diagnosis, the group is run by autistic parents of autistic children.

HOW DO I ACCESS IT?

For detail of activities and events visit facebook.com/zigzag.leeds.autism.support

For more information or to book contact zigzagautismservices@gmail.com or 07981 201005 / 07749 98471.

International Mixed Ability Sports

WHAT IS ON OFFER?

A range of activities designed to be fun and healthy and to encourage wellbeing through exercise, sport and membership, for individuals or groups in clubs or classes. Mixed ability sports in Bradford include: football, cricket, rugby, rowing, archery, boxing (non-contact), wheelchair basketball, tennis, golf, bowls, dance and swimming.

WHO IS IT FOR?

For people of all abilities and ages!

Coaches are aware that many participants may have been inactive or face barriers to participation through inactivity, long term health problems or disability. Women or men only groups and teams, archery and football.

Rugby is full contact for males 17+ although there is provision for non-contact 'touch' rugby for juniors and women.

HOW DO I ACCESS IT?

For more information visit mixedabilitysports.org or email contact@mixedabilitysports.org

LOCAL OFFER PAGE

localoffer.bradford.gov.uk/service/663-international-mixed-ability-sports-imas



The School of Rock and Media

WHAT IS ON OFFER?

The School of Rock and Media is a social enterprise and a community recording, rehearsal, performance and activity centre. With a unique approach to music delivery, using a blend of social enterprise and pay it forward ideology, which with the power of music helps bring people together people from all walks of life and abilities.

School of Rock and Media is not just a studio, it is a learning centre and helps teach valuable skills such as music, arts, team work, communication and problem-solving. Encouraging and teaching citizen skills, community action and volunteering.

WHO IS IT FOR?

School of Rock and Media works with people from all walks of life, from young people aged 5 to 24 years to children, young people and adults with learning and physical disabilities, and the general public.

HOW DO I ACCESS IT?

For more information visit sormstudios.co.uk or contact sormstudios@virginmedia.com or telephone 07504 561 713 / 07957 192 923.

LOCAL OFFER PAGE

localoffer.bradford.gov.uk/service/663-international-mixed-ability-sports-imas



The Light of the World Community Centre

WHAT IS ON OFFER?

The Holiday Care Club is an Ofsted registered GOOD provider. The Holiday Care Club is run by qualified play care staff team. Activities are varied, and are based around the children's observed interests.

Trips and Outings - throughout Holiday Care the children go on different trips such as visits to local parks, museums, galleries and theme parks and local places of interests, such as bowling alley, ice skating, and the media museum. The children access these trips on foot or by using public transport or coach.

WHO IS IT FOR?

The scheme caters for children aged 5 - 13 years (4 years old if attending primary school), and is open from 8:30am - 5:30pm, Monday to Friday, every school holiday including the 6 weeks summer holidays (except for Bank Holidays).

HOW DO I ACCESS IT?

The holiday club is held at Light of the World Community Centre, Gaythorne Road, West Bowling, Bradford, BD5 7ES.

What3Words [///relate.costs.grand](https://www.what3words.com/relate.costs.grand)

For more information please contact info@lightoftheworldbradford.org.uk or 01274 730640.

LOCAL OFFER PAGE

localoffer.bradford.gov.uk/service/1345-the-light-of-the-world-community-centre-

Bradford Stronger Together

WHAT IS ON OFFER?

Bradford Stronger Together offers stay and play sessions during the holidays and sibling support in the form of respite. We organise outings and trips for the whole family during term time and holidays.

WHO IS IT FOR?

Bradford Stronger Together is a parent led group aiming to provide advocacy and support to families around autism and special needs.

HOW DO I ACCESS IT?

For more information [facebook.com/profile.php?id=100080223519096](https://www.facebook.com/profile.php?id=100080223519096) or email bradfordstrongertogether@gmail.com

LS29 Special Needs Support Group

WHAT IS ON OFFER?

LS29 provides activities, support and trips for families who have a child with additional needs living in the LS29 area (or within an 8 mile radius).

HOW DO I ACCESS IT?

For more information visit ls29group.co.uk or contact ls29groups@yahoo.co.uk or 07976 015134.

Bradford Disability Sport and Leisure

WHAT IS ON OFFER?

Bradford Disability Sport and Leisure offers a variety of sports clubs and activities for people with a disability across the district.

WHO IS IT FOR?

Children and young people of all ages and any kind of disability.

HOW DO I ACCESS IT?

For more information visit facebook.com/bradforddisabilitysportsandleisure or contact info@bdsl.net or 01274 437093.

LOCAL OFFER PAGE

localoffer.bradford.gov.uk/service/634-bradford-disability-sport-and-leisure

The Friends and Family Hubs - Thinking BIG

WHAT IS ON OFFER?

The Friends and Family Hubs are supported by The National Lottery and run by Thinking Big. They are a place for the friends and family members of children and young people with SEND to connect, share information and learn new skills. Thinking Big meet monthly for presentations by guest speakers on a variety of topics, and group meetings.

July

Navigating the Health System

Tuesday 11, Wednesday 12, Thursday 13 July

This workshop will be delivered by Katie Clark, who has over 25 years of experience working with families of people with disabilities. This session and activities aim to give you a greater understanding of the health system, and increase your confidence at navigating the 'system' in relation to your children and young people with disabilities.

August

The Giant Family Picnic – 12pm-2pm

Friday 4 August

Every year we have a Summer Celebration event for our members and their families to celebrate the journey they have been on. This year we will be holding a giant family picnic at The Bandstand, Lister Park, Bradford where we will have some food, music and entertainment including a creative bubble show!

September

Cerebra Sleep Workshop

Wednesday 12, Thursday 13, Friday 14 September

This free workshop will be delivered by the national charity Cerebra, based on leading research it will give you the knowledge, skills and confidence to deal with sleep issues so the whole family can get a good night's sleep.

Booking essential.

HOW DO I ACCESS IT?

For more information visit www.thinkingbiguk.org or contact friendsandfamily@thinkingbiguk.org.

WHAT IS ON OFFER?

SNOOP's Summer activity places are full for 2023.

SNOOP Summer Fair on Saturday 12 August 11am – 3pm at the SNOOP centre.

All our services for children use play work and early years foundation skills aiming to help a child to develop their social skills and friendships. As your child matures, we provide transition services to support a young adult to learn social skills, life and independence skills through a range of activities both during the day and in the evening in our Young Adults Service for those with learning disabilities. We aim to offer a varied and stimulating range of activities based on a person centred approach, encouraging the aspirations of the young people we support, whilst also being aware of the need for relaxation.

Our range of services include

- After school sessions and holiday play schemes (2 – 16 years)
- Day time and evening support for young adults with learning disabilities (16 -25+ years)
- ASDAN Accredited Awards for life and independence skills
- Support for parents / carers at education, health and social care reviews and or assessments for their child / young adult
- Youth Club – The 'Chillin Zone' (13-25 years) for young people with additional needs and their siblings
- Stay and Play sessions (pre-5's); sensory room, sensory integration swings and soft play centre
- Indoor climbing wall facilities (equipment and qualified staff provided)
- Tadpoles Nursery (2-5 years) offering universal 15 hours and extended 30 hours places and fee paying places
- Bradford's Safe Places Scheme – The 'Help I'm Lost Card' free training and information packs), support planning for parent/carers – Preparation for Adulthood 16+.

WHO IS IT FOR?

We provide a wide range of services to support children and young adults with additional needs and disabilities aged 0-25 years + and give support and information to their parent/carers.

Open 50 weeks of the year and offering flexibility to parent/carers to support them to work or further their education and training. We have a team of highly qualified and experienced staff who are happy to meet with you, show you around and discuss your needs and the needs of your child.

HOW DO I ACCESS IT?

Activities are held at SNOOP, Newlands House One, Inspire Bradford Business Park, Eccleshill, Bradford, BD10 0JE

What3Words [///spider.wiped.blame](https://www.what3words.com/?q=spider.wiped.blame)

For more information contact carol.amery@snoopcharity.org or 01274 292126.





All information is correct at time of publication.

Please contact service providers to check suitability of events and activities.

June 2023

